

ROCKS
GUIDE

WITH
A
MAP

THE
NEW YORK MEDICAL UNIVERSITY

Nos. 6 & 8 UNIVERSITY PLACE

(Corner of Broadway and University Place)

THIS INSTITUTE, incorporated by the State of New York, is a legalized Association of ~~Scientists~~ Physicians and Surgeons, devoted to the Treatment of Patients, and Instruction in the Theory and Practice of the **CHEMICAL SYSTEM OF MEDICINE.**

Endowed with everything necessary for curing Disease, and instruction in Medicine, the University enjoys the confidence of the Profession and Community, while the principles of the Chemical Practice are endorsed by some of the most profound pathologists of the age.

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THE
UNIVERSITY
GUIDE TO HEALTH:

EXPLAINING

The Causes, Symptoms, and Treatment
of various Diseases, Hygiene, and
the Administration of the

UNIVERSITY MEDICINES.

BY

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"Health is wealth." — ADAM CLARK.

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LAWS OF DIET.

As what we eat has a most important influence over health and life, all should know what kinds and articles of food are productive of strength, and which are causes of weakness and disease.

Man requires a mixed animal and vegetable diet.

A dog fed upon sugar and water dies in thirty-four days. Rabbits fed upon a single article, as wheat, oats, or cabbage, die within fourteen days. A horse fed on boiled rice lived only fifteen days.

Food may be divided into the following classes :

1st. *Farinaceous Food* : as wheat, oats, rice, corn, farina, arrowroot, potatoes, beans, peas, etc.

2d. *Mucilaginous Food* : turnips, asparagus, cabbage, melons, gum-arabic, etc.

3d. *Sweet Food* : sugar, figs, raisins, molasses, etc.

4th. *Acid Food* : oranges, peaches, raspberries, apples, lemons, grapes, etc.

5th. *Oily Food* : cocoa, olives, walnuts, butter, etc.

6th. *Gaseous Food* : milk, cheese, whey, etc.

7th. *Gelatinous Food* : tendons, chorion, and cellular tissues of young animals, etc.

8th. *Albuminous Food* : eggs, brains, nerves, etc.

9th. *Fibrous Food* : flesh and blood of animals, etc.

Drinks may be divided as follows :

1st. *Water of different kinds* : as spring, well, and river water.

2d. *Syrups* : as lemon, raspberry, etc.

3d. *Beverages* : as tea, coffee, chocolate, cocoa, lemonade, etc.

4th. *Fermented Liquors* : wines, beer, cider, etc.

5th. *Alcoholic Liquors* : brandy, alcohol, ether, rum, etc.

From these classes are formed the entire diet of man.

As a general rule, in Blood Diseases very little animal food should be used; while in debilitating complaints, as Consumption, etc., meat may be eaten with benefit.

Soups containing rice and other vegetables are nutritious and digestible.

Milk is considered a *model* food, containing all the various plastic, oleaginous, saccharine, and saline principles.

The Potato is the *least nutritious* vegetable cultivated. One pound of potatoes contains only one-third of an ounce of flesh-forming food.

Peas, beans, etc., are the most *highly nutritious* food known; but they are quite indigestible.

Beef, mutton, chicken, and fish are moderately nutritious and very digestible.

Butter aids nutrition by combining with the *albumen* of the blood.

Cheese, although very nutritious, is *indigestible* stuff and should never be used.

Tea is a gentle stimulant, and should be used moderately.

Coffee used in moderation is not injurious, especially if drank quite weak, but used very strong and in large quantities, it greatly injures the nerves.

Cocoa and chocolate are far superior to tea, affording exceedingly *nutritious liquid food* in place of mere stimulating drinks.

Beer and liquors are *stimulants*, and should never be taken except in minute quantities, as *medicines*.

Condiments, as salt, pepper, mustard, etc., should always be used sparingly.

Nutritiousness vs. *Digestibility*. — These terms, though often confounded, are *entirely different* properties. Some bodies, like *cheese*, consist almost *entirely of nutriment*, but are *exceedingly indigestible* : while others, as *rice*, are *highly digestible*, but contain comparatively *little nutriment*.

We have prepared the following table :

Easy of Digestion.	Difficult to Digest.
Mutton (also nutritious).	Cheese (also nutritious).
Venison do.	Pork do.
Beef Tea do.	Veal do.
Mutton Broth do.	Goose do.
Soups do.	Salt Meats do.
Beef-Steak do.	Butter do.
Roast Beef do.	Nuts do.
Milk do.	Oil do.
Tapioca do.	Peas do.
Farina do.	Beans do.
Wheaten Grits do.	Mushrooms do.
Stewed Oysters do.	Parsnips (slightly do.).
Roast Lamb do.	Carrots do.
Indian Corn do.	Hard bl'd Eggs do.
Turkey do.	Salt Fish do.
Chicken do.	Pastry do.
Beets do.	Cakes do.
Fresh Fish (slightly do.)	Cucumbers do.
Rice do.	Dried Fruits do.
Peaches do.	Clams do.
Grapes do.	Eels do.
Soft boiled Eggs do.	Lobster do.
Potatoes do.	Turnips do.
Celery do.	Buckwheat do.

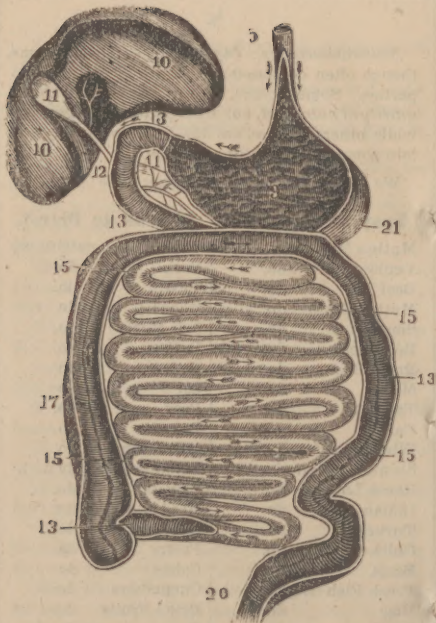


PLATE 1.—A view of the organs of digestion opened nearly the whole length. 1, The upper jaw. 2, The lower jaw. 3, The tongue. 4, The roof of the mouth. 5, The cesophagus. 6, The trachea. 7, The parotid gland. 8, The sublingual gland. 9, The stomach. 10, 10, The liver. 11, The gall-cyst. 12, The duct that conveys the bile to the duodenum, (13, 12). 14, The pancreas. 15, 15, 15, 15, The small intestine. 16, The opening of the small intestine into the large intestine. 17, 18, 19, 20, The large intestine. 21, The spleen.

There is often a great difference in the ease with which different stomachs will digest the same food. Some persons cannot digest some one or more articles which are acceptable to all other stomachs. Hence no *infallible* rules can be laid down to suit every particular habit or condition of either health or disease.

Every one should eat and drink only those things which he may find by experience, or peculiar idiosyncrasy, to best agree with his stomach, and reject all articles which he cannot digest.

Occasionally we find the digestive organs so constituted, that a person can digest anything in the shape of food.

If the stomach is apparently in good working order, and yet we are, from some cause, losing flesh and strength, we should resort to the most nutritious articles of food.

If there be no appetite, it is evident that the food eaten is not perfectly assimilated. In such a case, fasting, exercise, or light articles of diet will be found advisable.

In sickness, people require but little to eat, and that of the plainest and most digestible kind. Chicken-soup, gruel, boiled-milk, boiled-rice, oatmeal, farina, tapioca, corn-starch, arrowroot, Ervalenta-Arabica, stewed tomatoes, boiled onions, jellies, toast-water, baked apples, grapes, oranges, bananas, stewed prunes, white fish, chicken (stewed or roasted), oysters, and a little rum punch are preferable.

Ale, beer, strong coffee, cheese, pastry, acids, and condiments should be scrupulously avoided.

Lemonade, cider, and vinegar are almost invaria-

bly injurious. Black tea is healthier than green. Coffee, if not strong or bitter, is strengthening.

Tobacco, if used moderately, is not specially injurious.

Exercise, compatible with the strength of the patient, should be taken, remembering to avoid over-exertion.

Walking, running, horse-back riding, exercise with the dumb-bells, light gymnastics, base-ball, cricket, rowing, and skating, are all conducive of health and strength.

Salt-water bathing, Turkish or Russian vapor baths, are highly beneficial, if not continued so long as to produce exhaustion—a common fault—owing to want of knowledge on the part of the attendants.

Health Aphorisms.

I.—Rise early, and take a good walk or ride before breakfast.

II.—Do not eat breakfast immediately on rising. The stomach is not in a condition to receive food.

III.—There is a great virtue in fasting early in the day, and at evening.

IV.—Let the breakfast and the supper be light—reserving strong food, as meat, etc., for the middle of the day.

V.—A good rule would be: Rise at 7—breakfast at 8 or 9—dinner at 1—a light tea at 6.

VI.—Eat slowly, masticate thoroughly, and drink in sips. Very little fluid during meals. Liquids shou'd be taken an hour after eating—then they assist digestion.

COOKING FOR THE SICK.

ALL food should be prepared in the simplest manner possible, plain country living being far preferable to the rich unhealthy food of the city.

A first-class hotel, where alimentary substances are thoroughly disguised by the use of sauces and condiments, and entirely changed in chemical composition, is a hot-bed of indigestion, disease, and premature death, where people dig their own graves with their teeth.

In regard to drink—the less you drink the better. Drinking large quantities of fluid creates an inward fever, and a morbid thirst. Milk and water are, no doubt, the best of our drinks.

Cooking renders food more palatable and digestible. It promotes assimilation by *gelatinizing*, and rendering *soluble* the *sarclemma* which surrounds the *muscular fibre* of flesh, and the *cell walls* which enclose the *fat*—thus exposing their contents to the action of the *digestive juices*.

Cooking also destroys the *parasitic animals*, which might otherwise produce serious disease.

The following receipts may be adopted with advantage by all classes :

Gruel.

Mix one or two table-spoonfuls of oatmeal in three spoonfuls of cold water. Add a pint of boiling water, and boil the whole about five minutes, constantly stirring it. Skim, and strain through a hair sieve. Add a little sugar, milk, and spice.

Beef-Tea.

Boil a pound of tender, juicy beef, free from fat, ten minutes. Salt and pepper it. Cut it in small pieces. Pour on a pint of boiling water. Steep it half an hour, and strain off to drink.

Panada.

Place in a saucepan some thin slices of stale bread, and add rather more water than will cover them. Boil now until the bread becomes pulpy, then strain off the superfluous water and beat up the remainder to the consistency of gruel. Add sherry wine, grated nutmeg and fine white sugar. This is delicious and healthful.

Blanc-Mange.

Put half an ounce of isinglass or gelatine in a pint of new milk. Stir it constantly until it boils. Let it simmer a few minutes till the gelatine is dissolved, then strain. Add fine sugar, and a few drops of extract of vanilla, and pour into moulds.

Custard Apples.

Take two large greening apples, peel and core. Then put them in boiling water, until thoroughly softened. Be careful and not boil to pieces, as they should be served whole. Put them into a saucer nearly filled with a gravy of fresh milk, sherry wine, grated nutmeg, and fine white sugar. The cavity made by the removal of the core may be filled

with sauce of butter, sugar, white of beaten eggs, and a few drops of vanilla, or lemon essence.

Sago Posset.

MACERATE a table-spoonful of sago in a pint of water, for a couple of hours, on the back of the stove; then boil, constantly stirring. Add sago, mace, and white-wine.

Hygienic Biscuit.

MAKE into a stiff biscuit paste one quart of milk, six eggs; add equal proportions of gluten and wheat-middlings, sufficient to bring the whole to the required consistence. Make the biscuits thin. Make holes in them with a fork, and bake quickly.

Gluten Bread.

(FOR PERSONS AFFLICTED WITH DIABETES.)

FRESH gluten, one pound; bicarbonate potassa, half a drachm; common salt, one drachm; wheat-bran, half a pound; butter, two ounces. Bake in small flat, circular tin pans, placed on a moderately heated hearth. (Gluten may be bought at starch factories.)

The Most Nutritious Bread.

Lined Meal wet with milk, and made up into bread, contains more nutriment than any substance on the face of the earth. Under its use the weak and emaciated rapidly acquire flesh and strength, and become sleek in appearance.

For consumptives, and those who suffer from constipation of the bowels, piles, kidney and urinary diseases, we know of no food to compare with it.

RULES

FOR THE ADMINISTRATION OF THE

UNIVERSITY MEDICINES, ETC.

I. The dose of medicine for a child should be extremely small. For instance, if the dose directed for a grown person be *one tea-spoonful*, the dose for a child should be about *one-eighth* of a *tea-spoonful*.

II. Females cannot use as much medicine as males. If the dose for a man be *one tea-spoonful*, the dose for a woman would be *half* a *tea-spoonful*.

III. Delicate, young, and aged persons can never stand as much medicine as a robust man.

IV. The directions on each bottle, or package, have been prepared with great care, and should be strictly followed. Where the label says *tea-spoonful* it certainly does not mean *table-spoonful*.

V. A *tea-spoonful* is equal to one fluid drachm.

VI. A *dessert-spoonful* is equal to two fluid drachms.

VII. A *table-spoonful* is equal to four fluid drachms.

VIII. A *wine-glassful* is equal to one ounce.

IX. The medicines should be kept in a dark, cool place—a closet for instance—that is not too warm in the summer, or so cold that the medicine will freeze in the winter.

X. A little soft water should always be added to the medicine before taking.

XI. It is well to shake the medicine thoroughly before using it.

XII. Keep each bottle well corked.

XIII. If a medicine should seem to produce an aggravation of any complaint, discontinue it for a day or two, and take a little camphor water.

BLOOD DISEASES,



And How to Cure Them.

BLOOD DISEASES, And How to Cure Them.

THERE are nearly *two hundred* different kinds of SKIN DISEASES, arising from a specific parasitic poisoning of the blood.

The following divisions are according to Willan :

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|-------|--------------|---|----------------------------------|
| I. | Exanthemata. | } | Erythema, Erysipelas, Urticaria. |
| II. | Vesiculæ. | | Herpes, Exzema. |
| III. | Bullæ. | | Pemphigus, Rupia. |
| IV. | Pustulæ. | | Ecthyma, Impetigo. |
| V. | Papulæ. | | Lichen, Strophulus, Prurigo. |
| VI. | Squamæ. | | Lepra, Psoriasis, Pityriasis. |
| VII. | Maculæ. | | Chloasma, Lentigo, Vitiligo. |
| VIII. | Tuberculæ. | } | Elephantiasis, Acne, Molluscum. |
| IX. | Parasiticæ. | } | Scabies, Favus, Sycosis, Cancer. |
| X. | Syphilida. | | Rupia, Phagedena. |

In attempting to cure Blood Diseases we have to resort to both *internal* and *external* treatment.

The diet should be nourishing, and cleanliness carefully attended to.

Clothes that have been worn, or brushes that have been used by persons affected with eruptive affections, should always be avoided.

Females suffering from any eruption should not be allowed to nurse a child.

Scrofula (King's Evil).

SCROFULA is the generic term for a class of symptoms arising from debility and impurity of the blood, usually transmitted from the parents unto the child.

Symptoms.—General health poor, with deterioration. Glandular swellings. Strumous sores. Enlargement or caries of the bones. Impaired digestion. Gradual loss of flesh and strength. Phthisis. Scrofulous ophthalmia of the eyes. Catarrh. Deafness, etc.

Treatment.—To purify the blood and secretions, use the COMPOUND FLUID EXTRACT OF CANCER-PLANT, according to instructions contained on package, *internally*.

To heal eruptions, and reduce swellings of the glands or bones, apply the CHEMICAL HEALING OINTMENT *externally*.

To strengthen the digestive powers and build up the system, take the STRENGTHENING TONIC OF PERU.

The bowels should be kept in regular condition with the COMPOUND MAY-APPLE PILLS.

Nervousness is readily relieved by the NERVE FOOD.

The diet should consist of soups, mutton, beef, white-fish, oysters (raw or stewed), milk, cocoa, fruits, vegetables, etc.

Pastry, pickles, cheese, preserves, cakes, and grease should be avoided.

Acids, ale, and *strong* coffee are deleterious.

Black tea, cocoa, chocolate, and *weak* coffee may be used in moderation.

Salt water and sulphur vapor baths are beneficial, as they open the pores and enable the *skin to breathe*.

Change of climate is wonderfully efficacious in Scrofula. The resident of the South should go North, while the native of the North should visit the South.

Sea voyages especially should be preferred.

Mineral waters, as ALKALINE RESOLVENT, Saratoga and Chalybeate waters are valuable therapeutic auxiliaries in cure of struma.

Erysipelas (St. Anthony's Fire).

Pathology. *Erysipelas* is a shining-red local inflammation of the skin, attended with fever and heat.

It is generally situated on the face or limbs, and is accompanied with deranged digestion.

Death often occurs from the extension of the inflammation to the brain.

Symptoms.—Usual symptoms are fever; sore-throat, thirst, coated tongue, and constitutional disturbance.

Treatment.—Use the COMPOUND FLUID EXTRACT OF CANCER-PLANT, per directions on the bottle, *internally*, and apply the COMPOUND CHEMICAL HEALING OINTMENT *externally*.

The bowels should be kept gently moving with our **COMPOUND MAY APPLE PILLS**.

If there is debility, use the **STRENGTHENING TONIC OF PERU**.

Diet should consist of beef tea, mutton or chicken broth, farinaceous food, mash and milk, and vegetables.

Drinks: weak tea or chocolate.

Avoid acids, as vinegar, wine, cider, and lemonade.

Do not drink coffee, ale, or liquors.

Refrain from eating condiments, pickles, preserves, and pastry.

Urticaria (Nettle Rash).

Pathology.—Urticaria is caused by derangement of the digestive organs, arising from the use of certain food, as fish, pickles, mushrooms, nuts, pork, etc.

It may also arise from teething, rheumatism, nervousness, etc.

Symptoms.—Wheals or lumps on the skin, as if stung by nettles. Heat, tingling, and excessive itching.

Treatment.—Use the **COMPOUND FLUID EXTRACT OF CANCER PLANT** *internally*, and the **COMPOUND CHEMICAL HEALING OINTMENT** *externally*.

Keep the bowels free with the **COMPOUND MAY-APPLE PILLS**.

Avoid every form of acids and stimulants.

Do not eat fish, nuts, mushrooms, oysters, etc.

Use little or no animal food.

Let the diet be light, as mush and milk, rice pudding, toast, stale bread, stewed tomatoes (freely), corn starch, soups, etc.

Warm saleratus-water baths are useful.

Prurigo (Itching).

Pathology.—*Prurigo* is a *hyper-sensitiveness* of the skin induced by an *acid poison* in the blood. A genuine case of *Prurigo* was never cured by any physician until the author discovered, in his own person, what the affection really was, and the treatment applicable thereto.

Symptoms.—Intense itching, usually without any eruption, except what is called "goose-flesh." The irritation is so great, that it seems as if millions of needles were pricking the skin. It may affect the genital organs in both sexes.

Treatment.—The *Compound Fluid Extract of Cancer-plant*, and the *Chemical Healing Ointment*.

Avoid every drop of *acid*.

Fish, nuts, mushrooms, pickles, fruits, cider, vinegar, liquors, and spices are to be scrupulously avoided.

Baths of *bran-water* are advisable.

Lithia should be used for the kidneys, and *May-apple Pills* taken for the liver.

(Rupia, &c).

Pathology.—*Syphilis* is characterized by *copper-colored* eruptions on some portion of the body. It is a *specific parasitic poison*, handed from one person to another, and is undoubtedly the true cause of the vast number of diseases of the skin.

Symptoms.—Phagedena, ulcers, copper-colored blotches. Baldness. Ulceration of the tongue, throat and lips. Aches in the bones. Nodes. Death of the bones. Tabes.

Treatment.—The *Compound Fluid Extract of Cancer-plant* and *Chemical Healing Ointment*.

Bowels to be regulated with the *May-apple Pills*.
Sulphur baths.

Avoidance of meats, grease, pastry, coffee, ale, acids, stimulants.

Vegetable diet. Abundance of *stewed tomatoes*, rice, farinaceous food and black tea.

Change of climate. Mineral waters, as *Empire Water*, *Vichy*, *Alkaline Resolvent*, *Sulphur Water*.

Exzema (Tetter).

Pathology.—There are several kinds of Exzema, varying in degrees of severity. This is a troublesome and obstinate disease.

Symptoms.—A portion of the skin becomes inflamed, and covered with small ulcers, crusts,

and cracks. It often affects the face most unpleasantly. There is irritation of the cuticle, loss of appetite, and nervous irritability.

Treatment.—The *Compound Fluid Extract of Cancer-plant* internally, and the *Chemical Healing Ointment* externally.

For *nervousness* use the *Nerve-Food*.

For *indigestion* take either the *Alkaline Resolvent* or the *Compound May-apple Pills*.

For *debility* employ the *Strengthening Tonic of Peru*.

Great attention should be paid to cleanliness.

Avoid acids, liquors, and all animal food.

Shingles (Ring-Worm).

Pathology.—*Herpes* is a disease resembling Eczema, only the patches are larger but less numerous.

A singular form of this affection is called the *Shingles*, in which a belt of clustered vesicles encircles half the body. In the majority of cases the zone will be found on the right side of the body. This variety is popularly regarded with great fear, and old women assert that death is certain if the band extends around the body. There is little danger however.

Ring-worm is another form of *Herpes*, with which all persons are familiar.

The treatment of *Herpes* (shingles and ring-worm) is the same as for *Eczema*.

Pemphigus (Watery Blisters).

Pathology.—*Pemphigus* is a non-contagious, transient skin disease. It has its origin in debility and consequent deterioration of the blood, primarily arising from parasitic poisoning.

In children blisters of any kind often prove fatal.

Treatment.—The *Compound Fluid Extract of Cancer-plant*, should be used *internally*, and the *Chemical Healing Ointment* *externally*.

The *Strengthening Tonic of Peru* for building up the system. *Lithia* for acting on the kidneys, and the *Alkaline Resolvent* will all be required to cut the disease short.

Impetigo (Crusted Tetter.)

Pathology.—This is a severe, contagious, complaint. *Impetigo figurata* occurs on the face. In children the disease affects the scalp, and is called *crusta lactea*.

Symptoms. Round or oval groups of pustules and scabs, attended with great heat and irritation.

Treatment. If the disease be located on the scalp, or among the hairs of the beard, the hair should be cut close and the pustules punctured, with a needle.

The *Compound Fluid Extract of Cancer-plant* should be used persistently *internally*, and the *Chemical Healing Ointment* applied *externally*.

The bowels should be kept freely moving with the *Compound May-apple Pills*.

Castile soap should not be used.

Use *wheat-bran water* for washing.

Avoid all animal food, acids, grease, pastry, coffee and stimulants.

Sulphur-vapor baths are highly beneficial.

Leprosy (Dry Scald).

Pathology.—This is the same disease described in the Bible. It is found at the present day among all nations. It is undoubtedly of syphilitic origin. A most difficult disease to cure.

Symptoms.—Salmon-red circular spots, covered with thin, white scales, scattered over the body. Sometimes the spots are quite small, while in other cases they may be of great size and extent. They never lose their circular character. The scales have a shining appearance.

Treatment.—As usual, the *Compound Fluid Extract of Cancer-plant*, and the *Chemical Healing Ointment*, will prove effective.

Keep the bowels open with the *May-apple Pills*.

• *Lithia* will prove useful in acting upon the kidneys.

• The *Strengthening Tonic of Peru* is indicated in weakness.

For washing purposes use *Cresylic* or *Carbolic Acid Soap* and *wheat-bran water*.

Keep the patches covered with the *Chemical Healing Ointment*. A piece of oiled silk placed over the ointment facilitates its absorption.

The *Alkaline Resolvent* should be drank freely.

Diet purely vegetable. No meats, pastry, coffee, acids, malt liquors or stimulants should be allowed.

Sulphur vapor baths.

Psoriasis and Ichthyosis (Fish-Skin) are simply modifications of *Leprosy*, and require the same treatment.

Acne (Pustules—Black Heads).

Pathology.—*Acne* is a pustular disease, affecting the face. It arises from improper living, over-eating (especially greasy food), and exposure. It indicates an impoverished condition of the fluids of the system.

Symptoms: Hard, small, red pimples, containing a little yellow matter, with black points. Most numerous in the cheeks, forehead, around and in the nose, and in the back. Always connected with liver and stomach derangements.

Treatment.—Patiently squeeze out the matter of each pustule, and apply the *Chemical Healing Ointment externally*.

Use the *Compound Fluid Extract of Cancer-Plant internally*.

Avoid all soaps. Use *wheat-bran water* for washing. Apply the *Victoria Regia* for the Complexion.

Sulphur vapor baths are valuable.

Diet: Avoid all acids, animal food, coffee, ale, and liquors.

Regulate the liver, stomach, bowels, and kidneys with the *Compound May-Apple Pills*, *Lithia*, and *Alkaline Resolvent*.

Favus (Honeycomb).

Pathology. - *Favus*, so called from its resemblance to a piece of honeycomb, is a cryptogamic parasitic vegetable (*Achorion Schönleini*) growing upon the scalp.

Symptoms. - Severe itching. The hairs become brittle and fall out. Crusts form in patches, having an offensive smell.

Treatment. Cut the hair close with the scissors, and apply the *Compound Chemical Healing Ointment* freely, and take the *Compound Fluid Extract of Cancer-Plant* internally.

Vegetable diet. Avoid acids, grease and stimulants.

Sulphur vapor baths. *Alkaline Resolvent*.

Scrupulous cleanliness of the scalp is absolutely necessary. Washing the head in *wheat-bran water* is cleansing and healing.

Compound May-Apple Pills and *Strengthening Tonic of Peru* are usually indicated.

Carbolic-acid soap is extremely valuable.

Sycosis (Barber's Itch).

Pathology.—This parasite (*Microsporon Mentagrophytes*) occurs on the chin. Like Favus, it is contagious.

Symptoms.—Pustules and scabs.

Treatment.—Same as for *Favus*.

Porriigo (Scalled Head).

Pathology.—A chronic contagious disease affecting the scalp. The parasite is the *Tricophyton Tonsurans*.

Symptoms.—Blanching and brittleness of the hair. Diseased patches of scaly eruption. Ring-worm.

Treatment.—Same as for *Favus*.

Camp-Itch (Scabies).

Pathology.—During and since the late war, the inevitable filth of camp life begot a very troublesome parasitic skin-disease called Camp-Itch (Illinois Itch).

Outside of the army it has extended to a great many persons. It is caused by a *parasitic insect* (*Acarus Scabiei*).

Symptoms.—Constant itching. Small pimples. Goose-flesh.

Treatment.—Add a little sulphur to the *Compound Chemical Healing Ointment* and apply it perseveringly to the skin.

Our other remedies should be used at the same time.

Absolute cleanliness is enjoined.

Flesh-Worms (*Entozoon Folliculorum*).

Pathology.—These worms infest the sebaceous follicles of the skin, as in *Acne*, and may readily be squeezed out with the fingers.

They are a great disfigurement, the skin appearing as if filled with specks of dirt. Sometimes they grow very large. The writer has seen them as large as an ordinary white grub.

Treatment.—The worms should be carefully squeezed out of the skin, and the *Compound Chemical Healing Ointment* applied at night on going to bed.

In the morning and during the day use the *Victoria Regia*.

Avoid every kind of soap, but use *wheat-bran water* for washing.

Use the *Compound Fluid Extract of Cancer-Plant* internally.

Keep the bowels moving with our *Compound May-Apple Pills*.

Regulate the digestion with *Alkaline Resolvent*.

Avoid all acids, animal food, grease, pastry, coffee, ale, &c.

Live on fruits, as grapes, peaches, oranges, pears, and *stewed* tomatoes, boiled onions, celery, turnips, potatoes, fish, soft-boiled eggs, white fish, oysters, chickens, farina, &c.

Vapor and salt-water baths are useful

Maculæ.

(Lentigo—Freckles—Chloasma, etc.

Pathology. — *Freckles*, Liver-Spots, Chloasma, and Veal-skin arise from specific causes.

Treatment. Same as preceding for Flesh-worms.

“Cancers, Tumors, and Extraordinary Blood Diseases, and their New Treatment,”
in preparation.



THE
University Medicines,
BEING THE
FAVORITE PRESCRIPTIONS OF
THE NEW YORK MEDICAL UNIVERSITY.

RELIABLE REMEDIES, OF A HIGH SCIENTIFIC CHARACTER,
DESIGNED FOR THE CURE OF
ALL DISEASES.

Prepared Strictly According to the Laws of Medical
Chemistry.

THE UNIVERSITY MEDICINES are prepared in consonance with the views of a number of distinguished living American Physicians, who believe that the time is come when educated Physicians should arise and make a decisive effort to overthrow the health-destroying system of Quackery prevailing in every town and city, and substitute *scientific, responsible* Remedials—made in accordance with the principles of Medical Chemistry in place of the worthless Patent Medicines flooding the country.

Our Remedies.

OUR REMEDIES are prepared from the *Animal*, *Vegetable*, and *Mineral* Kingdoms, under our constant supervision, by an experienced Pharmaceutist—a *Prussian Chemist*, of the most thorough practical knowledge in the preparation of officinal Medicinal substances—who has been commended by Professor Silliman, of Yale College, as *one of the finest Chemists in the world.*

By a process of great simplicity and originality, we are enabled to secure all the valuable qualities of the various therapeutic agents in a pure, concentrated state, rendering them incapable of adulteration or imitation, and imparting to them an *efficacy*, *reliability*, and *masterly power*, hitherto unknown in Medicine!

They are prepared with great care and study in exact accordance with the principles of Chemical compatibility—something that Patent Medicine makers know nothing of.

We have no "cure all," for all diseases; but a regular system of Remedies for each distinct class of maladies.

Our Remedies are all safe, and never reduce the patient—never render any one more liable to take cold—never oblige a person to leave business—never make their continuous use a condition of cure.

They act as kindly on the tender infant, the most delicate female, and infirm Old Age, as upon the most vigorous and athletic system—exercising the most healthful influence on every Nerve and Blood-Vessel—on the Brain, Heart, Glands and Lymphatics—on the Bones, Tendons and Muscles—on the Blood, Bile, Gastric juice, Lymph, Chyme, Chyle,

Compound Fluid Extract of Cancer-Plant.

THIS PLANT is a *never-failing* Cure for all BLOOD—SCROFULOUS, CANCEROUS, and SYPHILITIC DISEASES.

It thoroughly eradicates the *specific virus* in the blood, which causes the disease.

Therefore, it *permanently* cures all forms of SCALY, SCABBY, BLISTERY, PIMPLY, ULCERATIVE and FIERY CUTANEOUS ERUPTIONS, as—

CANCERS, NODES, ULCERS, PUSTULES, PIMPLES, TETTER, FEVER-SORES, SECONDARY SYPHILIS, RING-WORM, EXZEMA, ERYSIPELAS, SCALD-HEAD, LEP-ROSY, BARBER'S ITCH, IMPETIGO, SCURVY, PRURIGO, SALT-RHEUM, PSORIASIS, COPPER-COLORED BLOTCHES, GLANDULAR SWELLINGS, WORMS AND BLACK SPECKS IN THE FLESH, DISCOLORATIONS OR MARKS ON THE SKIN, ULCERS IN THE THROAT, MOUTH and NOSE, SORE LEGS, and SORES OF EVERY CONCEIVABLE CHARACTER.

This PLANT is the deadly enemy of Mercury, Lead and Arsenic—quickly eliminating them from the human system, and relieving the pains and aches attendant upon Mercurialization and Syphilitic poisoning.

"The Tree was made for the healing of the nations."

In truth, it seems that God, in his infinite wisdom, has designed this herb, above all others, for the cure of the vast list of maladies arising from impurity of the blood.

? *Description of the Cancer-Plant.*—This beautiful little herb, which has never hitherto been brought

to the notice of the profession, is destined to take its place in the Pharmacopœia as one of the most remarkable *blood-remedies* ever discovered in any Age.



It is a low-growing, diminutive plant, having four purple-veined leaves of a sea-green hue, found in the vicinity of swamps, and damp, uncultivated grounds throughout the Southern States.

The entire plant is medicinal, yielding a darkish, acrid liquor by expressure. One pound of the leaves produces one ounce of inspissated juice.

Although once quite abundant, it has recently become exceedingly scarce, and now requires careful cultivation.

We guarantee that *one* bottle of this Medicine contains more real, genuine blood-purifying power than 1,000 bottles of any Sarsaparilla ever manufactured.

“The Blood is the Life”

How many diseases have their seat in the blood—diseases which have been treated vainly for years. In six cases out of ten, if the blood alone was properly purified, how soon would health and happiness return!

Sometimes Physicians will attempt to purify it by giving large quantities of Sarsaparilla, which once gained an ephemeral reputation as a blood-purifier; but it is now well known that it possesses no purifying power whatever, and is inert in all diseases of the blood.

At other times, Mercury is administered, which only smothers the fire for a time, to break out in some new place.

We have given this remedy to poor creatures who

had suffered for years with the most frightful forms of Scrofula, Cancer, and Syphilis, and within a few days the hideous sores have healed, the cancerous masses have withered away, and the skin has assumed a natural appearance.

Few persons know the *ecstasy* of health, the clearness of the mental faculties, and the wonderful tonicity arising from a pure state of the blood. Unclogged by humors, it flows limpidly through the channels which God has created.

Said the celebrated Dr. Beach: "Whatever will cure a Cancer will cure every other form of Blood-disease."

In Cancers this plant is most sovereign.

Dr. Ogden says: "Twelve ounces of this PLANT will make the blood of an adult as pure as an infant's."

Dr. Husted states that, with sixteen bottles of our preparation, he cured a man in the Institutions on Blackwell's Island of Syphilis, after the disease had eaten a huge hole entirely through the cheek.

Professor Vanderpool, of this city, has made many remarkable cures with it.

Dr. Freeman, of New York, increased his practice in two years, by its successful use, from \$10,000 to \$30,000 per annum.

Dr. Wright of New York, Dr. Warren of Boston, Dr. Zabriskie of Philadelphia, and Dr. O'Connor of Baltimore, have used it extensively in their private practice.

Favorable arrangements will be made with Physicians wishing to introduce our preparation into their practice.

Under the influence of this Medicine, the Eye becomes clear and sparkling—the complexion be-

comes like pearl, (the blood must be purified internally before the skin can become pure,) unsightly blotches, pock-marks, worms in the flesh, pimples, rashes, and roughness of the skin disappear as if by magic, and the entire human organization grows redolent with Health.

[From the *New York Daily Times*.]

This Plant, which has lately been brought into notice, is a remarkably efficacious purifier of the human blood. Dr. Beach reports a remarkable cure by it of a man afflicted with Cancer.

Miraculous Cures

I.

Mrs. French, of Atlantic street, Brooklyn, had an enormous Scirrhus Cancer of the left breast, from which she suffered the most excruciating lancinating pains.

She had previously been treated by several first-class Physicians, and taken a holocaust of Patent Medicine without any benefit.

In a few weeks, under the influence of the Cancer-Plant, the huge mass gradually disappeared, and she was restored to perfect health.

II.

Adolph Zimmerman, of Three Rivers, Lower Canada, was a great sufferer from Scrofula.

A fearful eating ulcer was consuming his left leg at the ankle.

The smell arising therefrom was so offensive that carbolic acid had to be constantly sprinkled around the room.

Dr. Scott's Compound Sugar-Coated MAY-APPLE PILLS.

THESE PILLS are compounded of VEGETABLE CALOMEL, and are particularly designed to act with gentleness and *thoroughness* upon the BOWELS, LIVER, STOMACH and GENERAL CIRCULATION.

They are most sovereign in DYSPEPSIA, NON-ASSIMILATION OF FOOD, IRREGULARITY OF THE BOWELS,



ELS, TORPIDITY OF THE LIVER, BAD TASTE IN THE MOUTH, SPOTS BEFORE THE EYES, SOUR STOMACH, HEART-BURN, FLASHES OF HEAT, and SICK STOMACH.

The May-Apple Pills act moderately upon the bowels, so as to produce one or two easy passages *and* without any purging or

gripping. Unlike the ordinary drastic pills in common use, they do not produce after-constipation.

They contain no drastic element. Being sugar-coated, they are pleasant to the taste, and can be taken by the most delicate.

They should be used in NAUSEA, LOSS OF APPE- TITE, YELLOWISH CAST OF THE SKIN, RUSH OF BLOOD TO THE HEAD, COLD EXTREMITIES, RINGING IN THE EARS, PAIN IN THE BACK, SIDE, AND SHOULDERS, HIGH-COLORED URINE, VERTIGO, and BILIOUSNESS.

Inveterate CONSTIPATION of the Bowels is re- moved by their use, and Functional Harmony as- sured.

Our extract is made from the Jessamine flowers, combined with a simple Vegetable Cathartic. ‡

Its beneficial effects are often perceived after taking the second dose—although we do not profess to cure so formidable a malady as *Heart Disease* with one bottle of the Yellow Jessamine.

But we do solemnly believe that it is the finest remedy existing to-day for the cure of Heart Affections.

We guarantee it to possess a thousand times more virtue than *Digitalis*, *Stramonium*, *Veratrum Viride*, and *Hydrocyanic Acid*, without their fearful danger.

Each package contains *specific* directions, and a valuable book relating to the disease.

PRICE, per PACKAGE, (with Book)..... \$2

Or, Three PACKAGES for..... \$5

CATARRH SPECIFIC.

THIS remedy consists of six soluble chemical salts in solution.

It is truly a CATARRH CURER for the whole disease, whether in the *Mucous Lining*, the *sero-mucous Membrane*, the *Nasal Passages*, or the *Frontal Sinuses*.

From the large number of patients under our care for this complaint, we were led to carefully experiment upon the various agents of the *Pharmacopœia*, and finally found that several of the basic salts possess the power of removing *Catarrhal Affections* with great facility.

OXYD . PHENYL.

FOR DEAFNESS.

THE OXYD OF PHENYL is a chemical discovery designed to cure DEAFNESS.

DEAFNESS arising from CATARRH, *Coagulated Wax, Colds, Closure of the Eustachian Tube, Deficient Cerumen, Thickening of the Drum Membrane, and Inflammation of the Mæcus Auditorius,* is promptly relieved and cured by it.



The OXYD OF PHENYL permanently cures *Nervous Deafness, Paralysis of the Auditory Nerve, Otitis, Otorrhœa, and all Discharges from the Ear.*

It cures Ear-ache and Neuralgia of the Ear.

It effectually removes *unpleasant sensations like ringing in the Ears, and sounds in the Head resembling the buzzing of insect's or the blowing off of steam.*

It cures *Deafness and Ear Discharges* in children, and is warranted perfectly harmless.

Its beneficial action is perceived almost instantaneously, and presently the hearing is restored.

Persons who had been deaf for many years have been cured by it so perfectly that they are now enabled to *hear the ticking of a watch!*

There is one form of Deafness which the PHENYL cannot cure—it is where the *Membrana Tympani* is destroyed... But it often cures *one Ear* when a single Tympanum is good.

Guaranteed superior to any *Ear Remedy* ever offered to the public. If not, no charge.

PRICE per PACKAGE (with Book).....\$3
Or, Two PACKAGES for\$5

IMPORTANT DISCOVERY IN MEDICINE.

(From the *Chicago Tribune*, Jan. 5, '68.)

A remarkable medical discovery has recently been made in the treatment of Deafness by Professor SCOTT of the New York Medical University, by which the most apparently hopeless cases are radically cured. The method consists in introducing the *atomized* Oxyd of Phenyl directly into the cavity of the tympanum. No unpleasant sensations are produced, and a feeling of clearness seems to follow the application. Numerous cases are daily treated successfully at the University in New York. (*Quoted by over 8,000 newspapers.*)

PILE EXTRACT.

FOR PILES (Hemorrhoids).

THIS is the name of a vegetable Extract, obtained from the *Monesia Chrysophyllum*, an elegant shrub tree growing in Paraguay.

In our therapeutic researches we feel confident we have discovered in the MONEZIA a remedy which is a sure and lasting cure for those distressing tumors denominated HEMORRHOIDS.

We have used it in practice for over two years, in hundreds of cases of *Piles*, with the most gratifying results.

A number of American Physicians now use our Extract in Piles, to the exclusion of everything

DR. SCOTT'S

Sugar-Coated HEADACHE PILLS.

THESE PILLS are especially prepared to cure HEADACHE.

They never fail to cure, almost *instantaneously*, SICK HEADACHE, NERVOUS HEADACHE, BILIOUS HEADACHE, and PUERPERAL HEADACHE.

Every kind of *Sharp, or Dull Headache*, NEURAL-



GIA, *Unpleasant Feelings in the head, Light-Headedness, Dizziness, Ringing in the Ears, Pain in the Temples and Back Part of the Head, and Determination of Blood to the Brain*, are thoroughly cured by them.

They act upon the *causes* which produce *Headaches*, etc., and therefore succeed where the usual remedies fail.

Physicians find Headaches, especially *Sick Headache*, very difficult to cure.

With these pills we have entirely cured persons who had suffered dreadfully with *Sick Headache* for years.

Such is our confidence in their efficacy, that we candidly believe that the world does not hold a case of *Headache* they can not cure.

Trial will convince.

PRICE, per Box, FIFTY CENTS

VICTORIA REGIA :

FOR THE COMPLEXION.

THIS MARVELLOUS PLANT, the largest, richest, and most beautiful of all flowers, was discovered by Sir Robert H. Schomburgh, on the first day of January, 1837, in the river Berbice, South America. He named it VICTORIA REGIA, in honor of *Queen Victoria*.

It grows in great profusion on the surface of the Brazilian lakes and rivers.

The leaves measure from fifteen to eighteen feet in circumference; the upper part being of a dark, glossy green, the under portion of a deep crimson, furnished with large veins, filled with air.

The flowers are from three to four feet in circumference; their color, at first of a pure white, passing in twenty four hours through successive hues of pink to a brilliant scarlet.

On the first day they exhale a delightful fragrance; on the third day the flower fades away, and silently falls from its stem into the waters beneath.

How typical of the decay of the lovely and gentle-hearted of earth!

The *extract* of this splendid water-lily, incorporated into a pure chemical cosmetic, is unrivalled for beautifying the complexion.

It imparts a beautiful smoothness and softness to the skin, and a deep brilliancy to the eyes.

It instantaneously forms an *elastic ivory whiteness* when applied to the hands, nose, cheeks, neck, or forehead.

AILANTHUS EXTRACT.

FOR EPILEPSY—(FITS).

EPILEPSY—commonly called *Falling Sickness*, or *Fits*—is a *Nervo-brain* disease affecting the *spinal* and *cerebral nerves*.

Epilepsy, *Phrenitis*, *Meningitis*, *Arachnitis*, and *Vertigo*, are all analogous complaints, affecting different nerves and sections of the brain.



Although Medical writers affirm that **EPILEPSY** may arise either from an affection of the brain or disordered digestion, in a long and extensive practice we have never yet seen a case which we could not trace directly to some portion of the brain.

A fall, or anything causing a sudden shock to the brain, will often produce **Epilepsy**.

Ninety cases of **Epilepsy** out of every one hundred are curable, if treated properly.

Structural or organic disease of the brain is incurable.

From thorough and careful trial, we long since became convinced of the marvellous power of the *Ailanthus Tree* as a sovereign remedial for the cure of **Fits**.

Cases of years' duration, where all previous medical treatment has seemed to hopelessly fail, have been cured by it in an incredibly short period of time.

The **AILANTHUS EXTRACT** is prepared by us as

Strengthening Tonic of Peru.

SOUTH AMERICA possesses a most varied and interesting flora. No portion of the world contains such a variety of useful herbs and magnificent trees.

Although Agassiz found *twelve hundred* new plants on the banks of the Amazon—never before described in any botanical work—yet it is estimated that there are 25,000 unknown plants growing in the empire of Brazil alone.

Some of our most valuable remedies, as Peruvian Bark, Sarsaparilla, and Matico, come from Peru.

STRENGTHENING TONIC OF PERU is composed of the Peruvian Erythroxylon Koka, Cusco Bark, and Arguidenté.

For the remarkable strengthening properties of Koka, see Ann. de Therap., p. 168. 1864.

Cusco Bark is a finer Tonic than Quinine. Arguidenté is the celebrated drink of South America.

The STRENGTHENING TONIC OF PERU is specially designed for the *Nervous* and *Debilitated*.

It will restore the flagging energies, and build up the entire system.

It imparts strength without any after-reaction, and will not intoxicate.

People using it are enabled to perform greater labor with less fatigue than usual.

It produces a fine appetite, and enables food to be properly assimilated.

In the decline of life, it will strengthen and tone up the physical powers, and enable all to pass the critical period with safety.



PULMONARY CONSUMPTION

(Phthisis Pulmonalis.)

Observations.—Pulmonary Consumption is a prevalent and fatal disease among civilized nations. Savages are rarely affected with it.

It may be inherited or acquired. Recent researches show that it is also contagious.

Males suffer more than females. The left lung is affected more than the right.

No period of life is exempt from this scourge. It carries off one-quarter of the human race.

Its *cause* is *blood poisoning*, induced by poor food, impure air, exposure to cold and damp, deficiency

of light, exhausting sexual indulgence, syphilis, spermatorrhœa, mis-menstruation, and whatever produces nervous exhaustion and impoverished blood.

First Stage.

Symptoms.—Consumption may begin after a severe attack of Bronchitis, or with a slight hacking cough, or bleeding from the lungs.

A sense of languor pervades the system. There is a peculiar sensitiveness to the effects of cold, with liability to take cold easily. Coldness of the extremities. Loss of appetite. Bronchophony.

Second Stage.

Symptoms.—Accelerated pulse. Increasing cough. Dyspepsia. Expectoration. Fever. Hectic flush. Loss of flesh. Night-sweats. Extreme sensibility to cold. Dryness of the mouth. Dull pains in the chest. Crepitation.

Third Stage.

Symptoms.—Rapid wasting. Expectoration of yellowish, or whitish, or brownish matter. The eye has a peculiar whiteness and lustre. Fever, and hectic flush on the cheeks. Dry, burning heat in the palms of the hands and soles of the feet. Exhausting night-sweats. Sore throat. Tenderness of the liver. Gurgling. In the female, suppression of the menses. Flattening of the affected side. Albuminous urine. Cavernous respiration. Colliquative diarrhœa. Finally death from exhaustion. The spirits of the patient continue cheerful and hopeful of life to the last.

Important diagnostic sign.—The author has discovered that when the expectoration assumes a brownish or *slate-colored* appearance, the termination is invariably fatal.

Treatment.—Measures should be taken to improve the general health.

Our HYDRATED OXYMEL OF PHOSPHORUS AND FUSEL OIL acts like a charm, healing tubercles, enriching the blood, building up the tissues, purifying the secretions, promoting expectoration, instantly curing cough, and alleviating all pulmonary irritation.

For weakness, nothing can equal the restorative power of the STRENGTHENING TONIC OF PERU.

For Dyspepsia we should advise the ALKALINE RESOLVENT.

Residence in a healthy climate is desirable. The seaside, or a mountainous region, is preferable.

For drinking, hard or limestone water should be used. Lime, owing to the acidity of the blood in phthisis, is a valuable adjunct. It also has a tendency to change tubercles to calcareous substances, thereby assisting to cure, while, on the other hand, soft water increases the softening and ulcerative processes.

Cleanliness is indispensable. Tepid salt-water baths and vapor baths are especially commended.

Dress comfortably. Canton flannel is preferable to ordinary flannel. Let the hair, whiskers and moustache grow as thick as possible. They form a natural protection against vicissitudes of climate.

Consumptives should never marry. The reason is obvious.

Diet.—Animal food, as mutton, beef, veal, etc., should always be eaten rarely done. Beef tea, soups, vegetables, cream, boiled milk, raw and soft boiled eggs, *Linsed Meal bread*, Iceland moss, gum arabic, sugar, honey, lime-water and milk. Rum and whiskey milk punches, porter, lager, black-tea, chocolate, Quassia cup infusion, etc.

Avoid acids, condiments, wines, pastry, pork, sausages, potatoes, cucumbers, radishes, cheese, greasy griddle-cakes, etc.

Valuable Remedies.—Naphtha, malt, iodide of ammonium, phosphorus, phosphate of lime, tar, solution carbolic acid.

The following places are believed to exert the most favorable influence over the consumptive diathesis:

Aiken, South Carolina, St. Augustine, and the Eastern seashore of Florida, Minnesota, Lake Superior, Maine, Long Branch, Cliffwood and Amboy, on the New Jersey coast, Newport and Rocky Point, on Narraganset Bay, Rhode Island, Nahant, Massachusetts, Block Island, etc.

In foreign countries: the South of France, the the Island of Malta, Maderia, Algiers, Egypt and the Nile country, Florence, Palermo, Mentone, and Savoy in Italy. California, New Zealand, Australia, Van Dieman's Land, Natal, China, the Bermuda Islands and the Pacific Archipelago, possess climates of unequalled salubrity and healthfulness.

CATARRH.

OBSERVATIONS. *Catarrh* is becoming the national disease of America. It is safe to estimate that *ninety five* persons out of every *one hundred* are affected to a ~~greater~~ or less degree with some form of this complaint. We are rapidly becoming a nation of "hawkers" and "spitters."

The different varieties of *Catarrh* are termed *Ozena, Coryza, Influenza, Gravelo, Glanders, Pharyngitis, Laryngitis, Tracheitis, and Bronchitis*, according to the part of the mucous-membrane affected.

Catarrh arises from a *specific poison*, inspired from the atmosphere, which enters the circulation, and produces the peculiar inflammation of the mucous-surfaces.

Catarrh is an obstinate and difficult disease to cure. It baffles the efforts of our best physicians, who resign its treatment in despair. The ordinary washes, snuffs, and inhalations are useless. Until the discovery of our CATARRH SPECIFIC, it was impossible to find a case cured. But, thanks to the Light of Scientific Investigation, recovery is now assured in every case.

Symptoms. --*Catarrh* grows on its victim insidiously. At first there is a feeling of uneasiness or "stiffness" in the head. The discharge from the nostrils, at first, is thin, acrid, and occasionally tinged with blood. The patient is constantly blow-

ing the nose. Presently the mucus becomes hardened into crusts, and quantities of matter run down the throat, causing an incessant hawking and spitting.

On rising in the morning, the patient finds great difficulty in clearing the head, until he expels a little lump of coagulated mucus from the back part of the throat.

Often the discharge becomes muco-purulent, and the hardened crusts grow most offensive. There is frontal headache, cough, nausea, and partial deafness. The sufferer becomes an object of disgust to himself, and he feels miserable and depressed.

When the complaint has continued some time, the septum of the nose becomes eaten through, with caries of the bones. Finally the destructive process extends far down into the bronchial tubes, and we have Consumption (*phthisis pulmonaria*) to complete the mournful picture.

Treatment. This should be *local* and *constitutional*.

On rising in the morning, the nose and throat should be thoroughly cleaned with *warm wheat-bran water*, by means of *insufflation* and *gargling*, or by using our India-Rubber Nasal Syringe (price \$2).

After this is done, *snuff* up the nose repeatedly, a handful of our CATARRH SPECIFIC, according to the directions on the bottle. This will take hold on the disease at once.

For *internal* treatment, the *Compound Fluid Extract of Cancer Plant* should be used.

The bowels can be regulated with our *Compound May-Apple Pills*. If there be headache, use the *Headache Pills*.

Our *Compound Chemical Healing Ointment* should be introduced far up the nostrils with a small camel's-hair brush every night before retiring.

If there be indigestion, take either the *Alkaline Resolvent* or *Strengthening Tonic of Peru*.

The *wheat-bran water* is very softening, cleansing, and healing. It costs a mere trifle, and is far superior to any soap for washing purposes.

Sulphur or Iodine Vapor Baths are useful.

The diet should be light, but nutritious.

Avoid fluids. Drink as little as possible—the dry treatment being an important auxiliary.

Attend to ventilation. Dress comfortably. Keep the feet dry and the throat well protected. Whiskers and long hair are serviceable in guarding against sudden changes of temperature.

In Catarrh, moderate smoking is advisable.

HEADACHES.

(Cephalagia.)

Observations.—There are several varieties of *headache*, to which most persons—especially the nervous—are more or less subjected.

Bilious (or Sick) Headache.

Symptoms.—Bilious headache is experienced periodically. The stomach is invariably out of order, with torpor of the liver. The tongue is coated and the breath offensive. There is great distress in the front and side of the head, throbbing in the temples and intolerance of light, with nausea, flatulence, and low spirits. The eyes blur, and the lips, tongue, and hands frequently feel benumbed or "asleep." The bowels are costive or relaxed, and the urine high-colored.

Nervous Headache (Neuralgia).

Symptoms.—Nervous headache may arise from indigestion, impoverished blood, or decaying teeth. *Hemicrania* is a form in which an intense pain affects the forehead at regular intervals. *Megrims* is caused in fragile women from the exhaustion of over-nursing. *Clonus Hystericus* in hysterical young females resembles the pain of driving a nail into the top of the head.

Organic Headache.

Symptoms.—This form of headache is traceable to *brain disease*. It is indicated by vertigo, vomiting, ringing in the ears, and dull or sharp pain in the head.

Plethoric Headache.

Symptoms.—The headache of plethoria occurs in full-blooded persons, and is caused by a superabundant flow of blood to the head, heart-disease, etc. Pulsation in the ears. Giddiness on stooping. Suffusion of the eyes. Swimming in the head. This is a dangerous form—often preceding apoplexy or paralysis.

Treatment.—The indications are to relieve the congestion and dyspepsia, and tone up the general system.

The HEADACHE PILLS are infallible in all forms of headache giving instantaneous relief in the most inveterate cases.

The bowels should be kept loose with the *Compound May-Apple Pills*.

Coffee, chocolate, milk, ale, acids, and stimulants should be scrupulously avoided.

The *Alkaline Resolvent*, if taken before breakfast, will prove an agreeable and satisfactory aperient.

Chewing and smoking are injurious in headache.

The breakfast and tea should be very light. In fact fasting after *three* o'clock in the afternoon will be found highly beneficial.

A diuretic is often required to relieve cerebral congestion, in which case *Lithia* will exert a most happy influence.

Animal food should not be eaten. Shower baths are useful. The feet should be kept warm. Sea-voyages and the resulting sea-sickness often afford relief.

Sejons at the back of the neck, atomized ether spray to the base of the brain and along the spine, the moxa, shower baths, and cloth compress wrung out in ice-water and bound tightly around the forehead, are valuable in many cases.

LIVER COMPLAINTS.

Observations.—The Liver is subject to numerous affections, among which may be named Congestion of the Liver; Hepatitis, or Inflammation of the Liver; Abscess of the Liver, Cirrhosis (*Gum Liver*); Cancer of the Liver; Jaundice, etc.

Symptoms.—Among the symptoms, in various complaints of the Liver, may be enumerated: Tenderness over the right side. Yellow tinge of the conjunctiva. Yellowish color of the skin. Headache. Irregularity of the bowels. Bad taste in the mouth. Coated Tongue. High-colored urine. Feeling of weight in the stomach. Clay-colored stools. Pains in the right clavicle. Dyspepsia. Low spirits. Loss of appetite. Constipation. Feverishness.

Treatment.—In every symptom of Liver disease the *Compound May Apple Pills*, and *Alkaline Resolvent* will be found most sovereign.

The blood and secretions should be purified with the *Compound Fluid Extract of Cancer-Plant*.

The *Phosphate of Soda* (twenty grains) every morning at breakfast will be found a valuable remedy.

Iodine-vapor baths are serviceable.

Diet: Disuse of all alcoholic drinks, acids, coffee, and ale.

Cheese, pork, grease, condiments, cucumbers, hard-boiled eggs, cake, and pastry should be carefully avoided.

Mutton, beef, soft-boiled eggs, oysters, poultry, stewed tomatoes, boiled onions, fruits, and black tea should form the staple articles of food.

Dandelion leaves, celery, spinach, poke weed, and water-cresses cannot be too highly commended.

Sea-voyages, change of climate, horse-back riding, base ball playing, gymnastics, skating, and early rising are all conducive to health.

NERVOUSNESS.

Observations.—Nearly every person has some nervous disease. The excitement and risks of business life produce a terrible strain upon the nerves. Care, anxiety, prosperity, adversity, and the passions fill our insane asylums. And yet no class of diseases is more amenable to proper medical and hygienic treatment.

The following terms are *nervous synonyms*: Hypochondriasis, Hysteria, the Spleen, Low Spirits, the Blues, and Vapors.

Symptoms.—Usually functional derangement of the kidneys, liver, brain, or stomach. Hypochondriacs fulfil their duties naturally, but are morbidly sensitive of the opinions of others. Hysteria, in

females, is characterized by spasmodic movements of the limbs, tearing the hair, beating the breasts, screams, and convulsive attacks of crying or laughter. Catamenia irregular. Decayed teeth. Neuralgia.

Nervous people are often affected with a dread of impending danger, or ruin. There is fear of a violent death. They are irresolute, and have great difficulty in making up their minds to a decisive point. They are easily irritated, and influenced by the views of others. They believe in all sorts of chimeras, speculations, and delusions. No ism, -pathy, or -ology is too absurd for their credence. They are the revolutionists of the mental universe.

Treatment.—The *Nerve-Food* possesses the remarkable property of allaying nervous irritability and strengthening the entire nervous system.

The action of the bowels should be maintained by the employment of the *Compound May Apple Pills*.

Opium, and all its preparations, are most injurious.

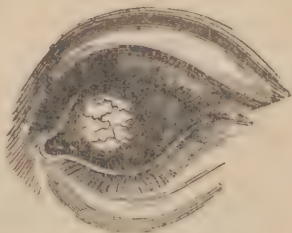
The *Strengthening Tonic of Peru* and *Alkaline Resolvent* are invariably indicated.

The diet should be light, but nutritious.

Coffee, acids, and stimulants are forbidden.

Sea-bathing, sea-voyages, relaxation from business, quiet country life, and agricultural occupations are valuable hygienic auxiliaries.

Mineral waters, especially Chalybeate, are always needful.



EYE DISEASES.

Observations.—The eye is liable to numerous affections, among which may be enumerated: Ophthalmia (inflammation of the eye). Iritis (inflammation of the iris). Retinitis (inflammation of the retina). Cataract (opacity of the crystalline lens). Amaurosis (paralysis of the optic nerve). Glaucoma (protrusion of the vitreous humor). Staphyloma (protrusion of any portion of the eyeball) and Opacity of the Cornea.

Ophthalmia (Conjunctivitis).

Symptoms.—Blood-shot appearance of the eye, with soreness, pain, and intolerance of light.

Gummy, purulent secretion of matter, which glues the eye-lids together (worse on rising in the morning). Burning, and sensation of roughness, as if caused by sand in the eyes. Suffusion with tears. Redness and swelling of the edges of the eye-lids.

Treatment.—Use the *Optic Fluid*. It immediately relieves the heat and congestion.

On retiring at night the edges of the eye-lids should be thoroughly smeared with the *Compound Chemical Healing Ointment*.

To correct the state of the blood, the *Compound Fluid Extract of Cancer-Plant*.

The eyes should be occasionally bathed in tepid wheat-bran water.

The diet should be light, and the bowels kept free with the *Compound May-Apple Pills*.

Iritis, Retinitis, etc.

Observations.—Suspended, like a curtain, with a round hole in its centre, between the cornea and crystalline lens, and bathed on both sides with aqueous humor, the iris serves to regulate the amount of light admitted to the retina.

The iris is capable of withstanding a greater amount of inflammation without injury than the retina.

Symptoms.—Deep-seated pain in the eye-ball. Intolerance of light. Flashes of light. Iris and retina become confused. Dimness of vision. Fever. Caused by exposure to vivid light, as large fires,

glare from snow, or the hot sands of the tropics, syphilis, serofula, etc. Termination, total blindness.

Treatment.—Rest in a darkened room. The *Optic-Fluid*. Belladonna. Hot *Wheat-bran water* fomentations to the eyes. The *Chemical Healing Ointment*. Turpentine Water. Vegetable diet. Disuse of acids and stimulants.

Cataract.

Observations.—Cataract consists of opacity of the crystalline lens, or its capsule. It is most common among elderly people.

Symptoms.—Usually one eye is affected first. The vision becomes obscured, and objects appear to be invested in a cloud of gauze. Sight best towards evening, or in a dull light. Results in complete loss of vision.

Treatment.—The Surgical operation of *absorption* or *extraction* is the only remedy.

Amaurosis (Drop Serene).

Observations.—Partial or complete loss of vision from Paralysis of the Optic Nerve.

Symptoms.—In commencement, failure of sight is only experienced occasionally, as after long continued exertion of the eyes, reading by candle-

light, etc. Sometimes it begins with indistinct vision (amblyopia); or, objects appear double (diplopia); or only one-half of an object may be seen (hemiopia.)

Another form of Amaurosis is that in which the patient can see only in broad daylight (hemeralopia); while in nyctalopia the vision is best during twilight.

Treatment.—Each case requires special study, and only after a life-long experience will a Physician find the slightest success in the treatment of Amaurosis.

Glaucoma.

Observations.—Glaucoma is a peculiar bulging outward of the iris and crystalline lens, caused by excessive increase and consequent pressure of the vitreous humor.

The eye assumes a dusky greenish hue.

Symptoms.—The disease may come on suddenly or gradually. The iris becomes opaque and motionless. The cornea grows dim. The eye-ball feels unnaturally hard. At times, vivid flashes of light dart before the eye. Both eyes become affected. The tendency is to entire blindness.

Treatment.—Bleeding, cupping, and blistering invariably produce great harm. The general health requires to be improved, and the blood and secretions purified.

The *Optic Fluid* and *Chemical Healing Ointment* will prove soothing and beneficial.

The *Compound Fluid Extract of Cancer-Plant*, the *Strengthening Tonic of Peru*, the *Alkaline Resolvent*, and *May-Apple Pills* will be required for the system.

Staphyloma.

Observations.—Staphyloma is analogous to Glaucoma, and signifies any protrusion of the anterior surface of the eye.

Treatment.—The same as for Glaucoma. Surgery will often be required.

Opacity of the Cornea.

Observations.—The cornea is the dark portion of the eye-ball surrounded by the white. Opacity of the Cornea is commonly caused by inflammation or a blow upon the eye.

Symptoms.—The Cornea becomes opaque, rough, red, and unusually prominent. There is very little pain. The eye is insensitve to the influence of light, the vision grows obscure, and, if not cured, blindness ensues.

Treatment.—The *Optic-Fluid* to be used frequently and persistently. The *Chemical Healing Ointment* should be smeared on the edges of the eyelids at night.

The majority of Eye-Washes contain sugar-of-lead, which is highly detrimental.

The *Compound Fluid Extract of Cancer-Plant* for the blood, *Lithia* for the kidneys, *Alkaline Resolvent*, for the cure of indigestion, *Compound May-Apple Pills* for the bowels, and the *Strengthening Tonic of Peru* to build up the system, form a complete and reliable method of treating this and the majority of eye affections.

FEVER-AND-AGUE.

Observations.—It was long known that the febrile phenomena known as Intermittent Fever was due to marshy miasmas, but *how* the disease was induced could not be demonstrated.

Modern medical research has recently discovered that the minute cryptogamic plants of the family *Palmella*, abounding over the surfaces of swamps and marshes, can generate Fever and-Agüe, when transported to localities otherwise free from it.

There are three forms of this malady, viz.: *Quotidian*, *Tertian*, and *Quartan*.

A Quotidian usually begins in the morning, a Tertian at noon, and a Quartan in the afternoon.

There are three stages, viz.: the *cold*, the *hot*, and the *sweating* stage.

FIRST STAGE (The Chill).

Symptoms.—Commences with languor and yawning. A sensation of coldness comes on. Shivering. Chattering of the teeth. Rigor. Thirst. Headache. The lips and finger-ends have a blue appearance. Sometimes vomiting. The duration of the chill varies from ten minutes to two or three hours.

SECOND STAGE (The Fever).

Symptoms.—Gradually warmth returns. The shivering ceases. A flush succeeds the paleness of the countenance. The mouth becomes dry. The tongue is furred. The skin dry and hot. Violent headache. The urine scanty. This stage may continue from one to sixteen hours.

THIRD STAGE. (Sweating Stage).

Symptoms.—This also comes on gradually. The face first becomes moist—then the body and limbs. The headache ceases. The urine is passed freely. Comfort returns, and the patient often goes to sleep and sweats profusely. There is no definite length of time to this stage.

Fever-and-Agüe frequently results in enlargement of the liver or spleen, dropsy, and general debility.

Treatment.—The FEVER-AND-AGÜE GLOBULES are the most perfect curatives that we have ever seen for Fever-and-Agüe.

We have cured with them cases where quinine, mercury, opium, antimony, and potash completely failed.

The bowels should be regulated with our *Compound May-Apple Pills*.

Removal from the neighborhood of swamps and damp places, and avoiding going out in the morning and evening, will be found advisable.

In the *cold stage* a vapor or steam bath is most valuable. A great amount of heat can be borne, and as soon as perspiration can be induced the chill is broken effectually.

During the bath a cold wet towel should be kept upon the head.

In the *hot stage*, cool baths, or the wet sheet pack, are invaluable. The invalid should remain in the water or sheet until the fever abates.

In the cold stage, stimulants, as Jamaica rum, Holland gin, milk punch and tonics, are indicated.

Strengthening Tonic of Peru is one of our best restoratives.

During the hot stage very little, if any, food should be taken. Soups, black-tea, barley-water, and carbonic acid water may be taken.

To prevent relapse use the *Alkaline Resolvent*.

Quinine is deleterious - frequently causing ague-cake.

HEART DISEASES.

Observations.—Heart Affections are becoming very prevalent in America—especially since the war.

A person suffering with Heart Disease is liable to drop dead at any moment.

Anything productive of sudden excitement—a scuffle, news of a friend's death, loss of money, violent exertion, mental exertion, or nervous exhaustion often hastens the fatal termination.

In all affections of the Heart there is a considerable difference in the nature and severity of the symptoms; for while in some cases they are so slight that the disease escapes detection, in others they are decidedly marked.

The principal forms of Heart Disease are: Atrophy, or wasting of the heart; Hypertrophy, or enlargement of the Heart; Valvular Disease, Functional Derangement; Fatty Degeneration; Pericarditis; Endocarditis; Angina Pectoris, (Breast Pang); Dropsy, and Aneurism of the Heart.

Atrophy (Lessening of the Heart).

Symptoms. The Heart diminishes in size. The pulse small and feeble. Pallor. Languor. Palpitation. Nervous exhaustion.

Treatment.—The *Compound Fluid Extract of Cancer-Plant* and the *Extract of Yellow Jessamine* should be used in conjunction.

The food should be plain and simple.
 Quietude of body and mind is enjoined.

Change of climate is often advisable. Florida, California, and Australia possess the best climates for those afflicted with any disease of the Heart.

Hypertrophy (Enlargement of the Heart).

Symptoms. Palpitation. Headache. Vertigo. Pain in the left breast. Asthma. Restlessness.

Treatment. The *Extract of Yellow Jessamine*. Avoid fast walking, running, horse-back riding, and rapid ascent of stairways.

Keep the bowels free. The *Compound May-Apple Pills* are invaluable.

The diet must be light—principally soups, fish, fruits, and vegetables. Stimulants, strong tea, and coffee act injuriously.

Opium is dangerous.

Fatty Degeneration of the Heart.

Symptoms. The Heart becomes over-loaded with fat. The pulse is irregular. Obstructed circulation. Distress in the region of the Heart. Giddiness. Palpitation.

Treatment. All excitements and stimulants should be rigidly avoided.

The diet should consist of farinaceous food, fruits, and vegetables.

Fats, oils, and animal food are detrimental.

The *Extract of Yellow Jessamine*, and *May-Apple Puls* act most beneficially.

Cream of Tartar has been found useful.

Valvular Disease of the Heart.

Symptoms.—In valvular disease the valves become obstructed with lymph, preventing a free flow of blood through the Heart. The valves may be converted into bone. There is difficulty in breathing. Murmurs. Regurgitation. Headache. Dropsy. Frightful dreams. Cheeks of a purple color. Dark circles under the eyes. The patient grows very weak, and finally death ensues from syncope.

Treatment.—The *Extract of Yellow Jessamine* has a special action upon the Heart.

Diuretics are often required. *Lithia* is one of the best.

The passions should be held in subjection. In many cases of Heart Disease sexual intercourse will prove fatal.

The diet should consist as much as possible of liquid food—as soups, gruel, mush and milk, bread and milk, rice pudding, etc., etc.

Acids, grease, and animal food are deleterious.

Tepid baths are recommended.

Angina Pectoris (Neuralgia of the Heart).

Observations.—This is an affection of the heart in which a severe pain is felt in the chest with a sense of strangulation.

Symptoms.—Attacks of intense pain in the breast. Pulse slow and feeble. Surface of body cold, and covered with a clammy sweat. Feeling of suffocation and impending death. The attack lasts but a brief time.

Treatment.—The *Extract of Yellow Jessamine*, Sulphuric ether, a tea spoonful in milk frequently. Inhalation of spirits of ammonia.

Electricity, Turkish, Russian, or Sulphur Baths are important auxiliaries.

Stimulants, as Holland gin, black tea, extract of malt, and coffee should be used.

The bowels to be kept moderately free.

Pericarditis and Endocarditis.

Observations. *Pericarditis* signifies an inflammation of the covering membrane (pericarp) of the Heart.

Endocarditis means an inflammation of the lining membrane of the Heart.

Symptoms.—The usual symptoms of disordered action of the Heart are present.

Treatment.—Avoidance of excitement and stimulation. Sedatives, purgatives, and diuretics are indicated.

ASTHMA.

(Bronchial Spasm.)

Observations.—Asthma is a nervous disease, caused by a reflex spasmodic contraction of the bronchial muscles. It may be hereditary or acquired. It is a most capricious affection. Some have an attack if they visit the sea-shore; others are more secure there than elsewhere. Some are better in the city; others in the country. In many cases relief has only been found in a foreign climate. China is free from Asthma.

Symptoms.—Every night, or once a week, month, or year, or at regular or irregular intervals, the paroxysm occurs. Most frequently between one and three in the morning. Headache, flatulence, and itching under the chin are present. The pulse becomes feeble. Free perspiration. Sensation of suffocation—the patient opens the window and gasps for air. Eyes staring. Pale countenance. A wheezing sound accompanies the breathing. Expectoration of mucus. Finally relief comes, and the sufferer is enabled to pass the remaining hours in comfort.

The attack may last a few minutes, or continue for hours.

Asthma may result in pulmonary or heart disease.

Treatment. Sumbul exercises a specific control over Asthma—giving great and immediate

relief, and, if persevered in, effecting a radical cure.

The bowels should be kept in order with our **COMPOUND MAY-APPLE PILLS**.

The **NERVE-FOOD** is a most valuable sedative in Asthma, especially during the paroxysm giving ease in a few minutes.

Sulphur baths are very useful.

Inhalation of iodine, atomized ethereal spray, and galvanism are important auxiliaries.

Croton Oil rubbed over the chest often gives grateful relief.

The diet should be nutritious. Animal food may be used moderately, taking care not to overload the stomach. It should be eaten only at noon. The tea should be very light, say black tea and crackers.

Strong coffee, rum or gin punch, and smoking are highly beneficial during an Asthmatic spasm.

Chloroform, Stramonium, Iodoform, and Bromine are the principal remedies employed by the majority of practitioners.

Hay-Asthma (Hay-Fever—Rose-Cold).

Observations.—This is an annoying complaint, combining the symptoms of Catarrh and Asthma, and might more properly be called *Catarrhal Asthma*.

It affects some persons during the time roses are in bloom, and others during the haying season. The smell of *ipsecac* will produce it in some.

Symptoms.—Headache. Irritation and suffusion of the eyes. Sneezing. Profuse watery discharge from the nose. Cough. Tightness across the chest. Severe attack of Asthma.

Treatment.—The treatment required is similar to that of Catarrh and Asthma.

The SUMBUL and NERVE-FOOD relieve the oppression of breathing.

The CATARRH SPECIFIC will cure the nasal discharge, and irritation of the mucous membrane.

The bowels should be regulated with the COMPOUND MAY-APPLE PILLS, and the digestion with the ALKALINE RESOLVENT.

Smoking is valuable in all forms of oppressive breathing.

Residence by the sea-side will be found advisable in many cases.

PILES.

(Hæmorrhoids.)

Observations.—There are few complaints which cause more suffering, and which are more generally prevalent among the people than Piles, or Hæmorrhoids.

There are two kinds, the *blind* or *bleeding* Piles. The *blind* Piles are situated *externally*, and the *bleeding* Piles *internally*. Often the two varieties are found combined.

The pain experienced ranges all the way from the slightest twinge to the most overpowering agony.

Piles are caused by habitual constipation, drastic pills, torpidity of the liver, sitting upon hard seats, and various excesses.

During pregnancy, females are often afflicted with Piles.

EXTERNAL PILES.

Description.—These consist of a knot of veins, or one, or more tumors. Sometimes there is a ring of lumps around the outside of the bowel.

Symptoms.—External Piles at first do not produce much inconvenience, but after a time they become congested and inflamed, and great pain arises, attended with throbbing heat, and irritation.

Treatment.—**MONESIA** acts like a charm in every variety of Piles.

The bowels should be kept relaxed with the **COMPOUND MAY-APPLE PILLS**, or some mild aperient like Extract of Butternut-Bark, Linseed Oil, or Confection of Senna.

Injections of warm *wheat-bran water* will be found most soothing.

Every night, on retiring, anoint the tumors thoroughly with the **COMPOUND CHEMICAL HEALING OINTMENT**.

Acupuncture, or incision, will in some cases be required. Canterization is effectual. Ligatures are tedious and painful.

The diet should consist of digestible and un-irritating food. Avoid acids, stimulants, and condiments. Violent exercise must be avoided.

INTERNAL PILES.

Description.—Internal Piles are situated inside the bowel. They always protrude during stool, and require to be put back by the hand. Sometimes they cannot be replaced, and become inflamed, owing to constriction of the sphincter. Bleeding often occurs. The amount of blood lost may vary from a few drops to a pint daily, causing extreme debility. Moderate bleeding from inflamed hemorrhoids seems to afford temporary relief.

Symptoms.—Tenesmus. Falling of the bowel. Uneasiness about the rectum. May bleed profusely, moderately, or not at all. Irritability of the bladder. Loss of flesh. Weakness. Sallow complexion. Biliousness.

Treatment.—Excision in Internal Piles is dangerous. Canterization is agonizing. The **MONESIA** is infallible. The **COMPOUND CHEMICAL HEALING OINTMENT** should be applied thoroughly up the bowel.

The bowels to be regulated with the **COMPOUND MAY-APPLE PILLS**.

The food should be of a laxative nature, as rye-mush, boiled potatoes, mush-and-milk, *linseed bread*, soups, stewed prunes, figs, baked apples, apple-sauce, corn-starch, rice pudding, etc.

A Davidson or Mattison Syringe should be frequently used to inject up the bowels cool *wheat-bran water*, or tepid water containing a little **Matico**, or **Tannin**.

Avoid walking or standing as much as possible. Horseback-riding, skating, and gymnastic exercises are hurtful. A recumbent position is advisable.

Applications of ice-cold water, containing a little sugar-of-lead, will be found very soothing.

Liquors, ale, cider, vinegar, coffee, pickles, pastry, and cheese should be scrupulously avoided.

PROLAPSUS ANI.

In connection with Hæmorrhoids, the bowel often comes down. The protrusion and consequent inflammation is the cause of much inconvenience and suffering.

The treatment consists in lying down and smearing the prolapsed part freely with the **COMPOUND CHEMICAL HEALING OINTMENT**, and gently pressing it up to its place with the finger.

Having replaced it, a small pad covered with oiled-silk, and held against the bowel with a bandage fastened to a strip of cloth around the waist, will suffice to maintain it in position. Or a little india-rubber air-ball, coated with the **COMPOUND CHEMICAL OINTMENT**, in which is incorporated a minute quantity of *Tannin*, may be pushed up into the rectum to retain the bowel in place.

EPILEPSY.

Observations.—Epilepsy, or *Falling Sickness*, or *Fits*, is a well-known affection, caused by whatever acts upon the brain, as Paralysis, Spermatorrhœa, loss of blood, blows upon the head, sun-stroke, reflex nervous excitement, etc.

It is productive of great distress, and is liable to terminate in Insanity.

It is estimated that there are over *one hundred thousand* cases of Epilepsy in the United States.

Epilepsy is a *Nervo-Brain* disease affecting the nerves of the brain and spinal cord.

In ancient times an Epileptic fit was considered due to the influence of the Moon, and even at the present day there are not a few who believe in the power of the Moon to control this as well as other maladies. The Moon, however, has nothing whatever to do with it.

It may here be observed, that the sight of a person in a fit, may not only cause one in a previous sufferer, but may *possibly* produce it in one who has never experienced an attack before.

Almost without exception, Epilepsy greatly impairs the memory.

The true character of Epilepsy is imperfectly understood by the Medical Profession, and it is becoming recognized as an incurable malady, even by our most distinguished practitioners.

Symptoms.—In the majority of cases there are premonitory symptoms, warning the patient of an attack. Headache, dizziness, spectral illusions,

giddiness, dimness of vision, fear, and especially the peculiar sensation known as *Aura Epileptica*, embrace the most frequent premonitions.

The Epileptic Aura is compared to a stream of cold water, a current of air, or the creeping of an insect ascending toward the head. As soon as the Aura stops, the paroxysm occurs. Then, often with a scream, the person falls to the ground, and is violently convulsed. There is gnashing of the teeth, foaming at mouth, biting of the tongue. The eyes are partly open, and glaring. There is loss of consciousness. The skin is cold, the breathing almost suspended, and death seems about to take place—when gradually, the alarming symptoms subside, the convulsive movements cease, and the epileptic is left in a state of drowsiness, from which recovery takes place with exhaustion and headache, but without any knowledge of what has occurred.

The fit lasts on an average from five to ten minutes. The interval between the attacks may be from a few hours to many months. Old cases—as in lunatic asylums—may have several paroxysms daily.

The repetition of attacks tends to impair the mental faculties, induce paralysis, and eventuate in total idiocy.

Various accidents are liable to occur from the epileptic falling into the fire, or water, or upon the sharp edges of furniture, &c.

Treatment.—During the fit the patient should be placed on a large bed, or on the floor. Head to be raised, the dress loosened, especially around the

throat and chest, and air freely admitted. A piece of cork or soft wood should, if possible, be introduced between the teeth, to prevent injury to the tongue.

A cold shower-bath to the back of the head and along the spine will be found very beneficial.

Snuff blown into the nostrils, so as to produce sneezing, and injections into the bowels of warm mustard water and sweet-oil, have been found highly useful in breaking the spasm.

During the interval between the attacks, our AILANTHUS EXTRACT should be taken regularly, according to instructions on package.

The liver will generally be found out of order, for which employ the *Compound May-Apple Pills*.

The kidneys also are often involved. Here *Lithia* is most effective.

For impurity of the blood, the *Compound Fluid Extract of Cancer-Plant* is indicated.

A seton in the back of the neck will prove invaluable.

Cold shower-baths to the head and spine. Etheral spray to the base of the brain, and the Moxa are important auxiliaries.

Sulphuric ether, if taken just before a threatened attack, will generally obviate it entirely.

Temperance, nutritious diet, avoidance of sexual excess, and every kind of excitement, regularity of the bowels, removal of decayed teeth, and pure air are absolutely necessary.

Self-abuse is the cause of most cases of Epilepsy. If not at once abandoned, recovery will be impossible.

Tobacco, coffee, ale, and acids to be abstained from.

Very little animal food is allowable.

Iodine, sulphur, and mineral baths have been extolled.

CONVULSIONS.

(Infantile.)

Causes.—The causes of Infantile Convulsions are constipation of the bowels, indigestion, worms, teething, fright, and repelled eruptions. They are also induced by scarlet-fever, measles, whooping-cough, etc.

Symptoms.—Warning of a fit is given in the child's fretfulness, restlessness, or gritting the teeth in sleep.

When a fit comes on, the muscles of the face twitch; the body becomes rigid at first, then a twitching motion ensues; the head is drawn backward, and the limbs violently extended. The features are distorted; the eyes glare, or roll spasmodically; consciousness is absent; and the eye, though open, is devoid of sight—a finger passed over it cannot make it wink. The ear is insensible to sound; the pulse frequent; breathing labored; skin bathed in a clammy perspiration.

After this condition has lasted a few minutes,

it gives way, and the little patient falls into a quiet sleep, or dies during a spasm.

Sometimes one attack is followed by others at brief intervals. These are the most dangerous cases.

Treatment.—Ascertain, if possible, the *cause* of the Convulsion.

If the gums are swollen or tender from teething, lance them down to the coming tooth.

If the bowels have not moved, or if the stomach be swollen or hard, give at once injections of sweet-oil and *warm wheat-bran water*, (from a pint to half a gallon will be required). Rubbing the stomach with the hand dipped in oil and mustard-water is very useful.

Place the child in a warm bath containing a handful of mustard, and rub the body thoroughly with the hand.

A pinch of snuff to the nose, so as to provoke sneezing, should be tried.

Opium, bleeding, and inhalations of chloroform or ether are likely to prove fatal in many cases.

Medicines should be used with the greatest caution in Infantile Convulsions.

ST. VITUS' DANCE.

(Chorea.)

Symptoms. -- Incessant spasmodic movements of the voluntary muscles. Features curiously twisted. Jerking motions of the side of the face and shoulders. During sleep all these movements cease.

Affects children principally, although adults are occasionally subjected to the *clonic* spasms.

Treatment. -- Avoidance of animal food and stimulants. Coffee, ale, cider and liquors most injurious.

Oysters, lobsters, and fish generally are objectionable.

The EXTRACT OF ANLANTHUS and NERVE-FOOD should be taken alternately.

The bowels to be regulated with Seidlitz Powders, Confection Senna, and occasionally MAY-APPLE PILLS.

Phosphate of Soda, half a drachm in six ounces of soft water, should be taken every morning. The ALKALINE RESOLVENT will regulate the digestion and purify the secretions.

Boiled milk, soft boiled eggs, fruits, stewed prunes, farina, and cod-liver oil should form the principal articles of diet.

Avoid excitement, confinement, and fatigue.

Sea-voyages and change of climate advisable.

RHEUMATISM.

(Arthritis.)

Observations.—Rheumatic Affections abound in all countries, and are among the most unyielding to cure.

The *true cause* of Rheumatism is not properly understood by the Profession. Like Fever-and-ague, Rheumatism is caused by a *parasitic* vegetable inspired from the atmosphere. Hence it will be produced from the emanations of marshes, damp places, cellars, and stagnant water. Rising early in the morning, and exposure to fogs, and the evening dews in malarious regions, are almost certain to produce it.

When the temperature of the body is lowered by wearing damp clothes, catching cold, bathing too long, etc., it is most readily acquired.

The *acid* or *alkaline* character of the urine, although only a symptom of the poisoning, is an important guide in revealing the condition of the system. If the *acid diathesis* be present, *acids*, as lemon-juice, citrate of potash, cider, iron, etc., instantly aggravate every evil symptom. On the contrary, if the *alkaline* symptom predominates, how criminal to administer iodide of potassium, soda, magnesia, etc.

Symptoms.—Stiffness and aching pain in the back and limbs. Pain increases. Fever. The joints become swollen, red, hot, tender, and painful.

The shoulders, wrists, knees, and ankles are most frequently affected. The patient often becomes a most pitiful spectacle. He dare not move; pain in joints so agonizing that the weight of the bed-clothes can scarcely be borne. Perspiration. Bowels loose, or costive. Furred tongue. Urine high colored, and loaded with urates.

Presently the fever partially subsides and the disease runs into the chronic form, in which we find the joints stiff, sore, and greatly swollen, and lameness in the hip, knee, or ankle. The toes and fingers are sometimes permanently forced out of shape, or ankylosed. Every change of weather is acutely felt, and the rheumatic suffers much from cold. There is obstructed circulation: the extremities are cold, and the joints crack distinctly on movement.

The disease may terminate in a brief period, or **continue a life-time.**

Rheumatism may give rise to dangerous complications, as inflammation of the Brain, Heart Disease, Dropsy, Pleurisy, etc.

Treatment. The remedy that all have found most efficacious in Rheumatism, Gout, Lumbago, Sciatica, and Neuralgia, is our compound **NEURALGO-RHEUMATIC ELIXIR**. The secret of its unparalleled success, is, that it destroys the *parasitic* growths, and eliminates them from the blood and fluids of the human economy. It is truly an *anti-parasitic* combination - acting equally as sovereign in Remittent Fever.

If an opiate be required, a Dover's Powder at night may do good. Mercury is contra-indicated.

The bowels should be kept free. For this object

the *Compound May-Apple Pills* will be found superior to any cathartic extant.

Rubbing croton-oil around the limb, so as to produce a ring of small eruptions, just below, or above the painful place, is most efficacious.

Iodine, or sulphur vapor-baths will be found important curative agencies.

Diet: boiled milk, arrowroot, corn-starch, stewed prunes, soft-boiled eggs, black-tea, cream, plain soda, vegetables, fruits, etc.

Meat, coffee, acids, liquors, pastry, sugar, and condiments are not allowable.

Liniments and friction always aggravate the inflammation.

Colchicum, nitre, aconite, arsenic, opium, and quinine, occasionally beneficial—but those who rely upon them will be disappointed.

Change of climate, sea-voyages, residence in warm climates, or on elevated or mountainous lands, and mineral spring waters are of great efficacy.

The ALKALINE RESOLVENT, for the digestive organs, LITHIA for the Kidneys, and the STRENGTHENING TONIC OF PERU, will all be found important auxiliaries in the treatment of Rheumatism and its kindred symptoms.

GOUT.

Observations.—Gout is simply a form of Rheumatism usually located in the ball of the foot, great toe, or heel.

It commonly affects the rich, although many poor are deplorably affected with it.

High living, indolent habits, animal food, ale, and various excesses tend to produce it. But the great originator of most diseases is *acid poisoning*.

Symptoms.—The attack may be preceded by sour stomach, pain in the left side, irregular throbbing of the heart, dry skin, itching, and high-colored urine. Often there is no warning. The victim goes to bed apparently well, but, about two or three in the morning, awakes with a burning and severe pain in the ball of the great toe or heel. In the morning the part is found red, swollen, and exquisitely painful to the touch. There is fever, restlessness, and irritability of temper. The tongue is coated, the urine scanty, and the bowels are constipated.

The suffering is often very intense; but its duration is only a few days. The patient regains health, and soon forgets the gouty paroxysm. At first a happy interval of two or three years may elapse. Presently another attack takes place—the intervals of freedom from the complaint shorten—until finally the subject is hardly ever free from attacks.

Chalk-stones form in the joints, and the condition of the sufferer becomes most wretched.

Treatment.—The same as for Rheumatism, viz.: The NEURALGO-RHEUMATIC ELIXIR and 5-MINUTE PAIN CURE. The kidneys being always involved, LITHIA should be used. The bowels to be kept free with our COMPOUND MAY-APPLE PILLS, and the secretions regulated with the COMPOUND FLUID EXTRACT OF CANCER-PLANT, and ALKALINE RESOLVENT.

Cold in every variety of Gout, Rheumatism, and Neuralgia is most deleterious. Putting the feet in cold water during an attack has immediately thrown the disease upon the heart—often with fatal results.

Sulphur, hot-air, iodine, Turkish and Russian baths always valuable.

Animal food, cider, ale, sherry, port-wine, champagne, porter, and strong coffee should be avoided.

A band of croton oil drawn around the foot or limb a short distance from the affected joint is recommended.

Sea-voyages and change of climate beneficial. Warmth is advisable in all arthritic affections.

Lumbago.

LUMBAGO is a form of chronic Rheumatism located in the back, the chief symptoms of which are a tired feeling and ache, on one, or both sides of the loins.

Pleurodynia.

When the disease affects the muscles of the chest—causing “stitch,” soreness on pressure, etc., it is termed Pleurodynia.

Treatment for Lumbago, and Pleurodynia—the same as for Rheumatism and Gout.

NEURALGIA.

(Nerve-Pain.)

Observations.—Neuralgia is an exalted sensitiveness of certain nerves. No pain endured by man or woman-kind can possibly equal the exquisite agony of a neuralgic *tic*.

Inflammation and swelling are generally absent. The best definition of the affection is *nerve-pain*.

When the pain affects the fifth pair of nerves it is named *Tic Doloieux*; when in the head—*hemicrania*; the sciatic nerve—*sciatica*.

Tic Doloieux.

Symptoms.—Tic Doloieux may be caused by decay of the teeth, kidney-disease, vitiated secretions, and impure blood. Morbid condition of the teeth the most frequent cause. The pain may have

its origin in the teeth, without there being any toothache.

The pain comes on gradually—perhaps as a momentary twinge; but soon it increases in severity, and becomes lancinating, burning, intense. It may be felt in the lips, the eyebrows, the cheeks, and the nostrils. It sometimes seriously affects the eye—blindness having resulted from neuralgic attacks of the organ.

Treatment.—The NEURALGO-RHEUMATIC ELIXIR acts specifically upon Neuralgia. The bowels should be kept free with the COMPOUND MAY-APPLE PILLS. During the intervals between attacks the COMPOUND FLUID EXTRACT OF CANCER-PLANT should be taken regularly, while the digestive functions are to be regulated with the ALKALINE RESOLVENT.

The mouth must be carefully examined, and if any teeth are diseased they should be extracted.

A small plug of cotton dipped in *pure creasote* and inserted into the cavity of the tooth, will kill the *exposed nerve* and cure the toothache. Avoid letting the creasote run into the mouth, or swallowing it. Rinsing the mouth with cool water will relieve burning from creasote.

5-MINUTE PAIN CURER, applied by saturating a rag and laying it upon the part covered with oil-silk, gives a'most instant relief. Chloroform used in the same manner, or taken internally, is valuable.

Opium is generally useful during the paroxysm. The bowels should be regulated.

Iodine or sulphur vapor-baths are important therapeutic aids.

Sea-voyages and change of climate are recommended.

The diet should consist mostly of vegetables and fruits. Avoidance of acids, coffee, and all liquors, except porter.

Hemicrania.

Symptoms. - This is neuralgic pain confined to one side of the head generally the brow and forehead. May be periodical. Often accompanied with sick stomach. Is termed *Sun-pain* from the circumstance of being most severe while the sun continues above the horizon.

Treatment. - The NEURALGO-RHEUMATIC ELIXIR, and COMPOUND MAY-APPLE PILLS will ordinarily effect a cure. The ALKALINE RESOLVENT and HEADACHE PILLS cannot come amiss.

The hypo-dermic injection of morphia affords great comfort.

Chloroform or ether taken internally, or inhaled, or applied topically (covered with the oiled silk), gives immediate relief.

Animal food, coffee, acids, and pastry to be avoided. Light diet, abstinence from animal food and fluids enjoined.

Sciatica.

Symptoms. - Sciatica consists of sharp pain in the *sciatic nerve*, extending from the hip to the heel.

Usually one limb only is affected. The muscles feel stiff, and the patient walks with difficulty.

It arises from pressure upon some part of the nerve, exposure to cold and wet, or the poison of malaria.

At times the pain is so great that sleep is prevented, with consequent resulting exhaustion.

Treatment.—The NEURALGO-RHEUMATIC ELIXIR internally; 5-MINUTE PAIN CURER externally; CLEAVERS for the kidneys; and the COMPOUND MAY-APPLE PILLS to regulate the bowels.

Croton-oil applied over the seat of pain often produces a marked result.

The *atomized spray* of ether or chloroform gives rapid relief.

Hypo-dermic injections of morphia useful.

Iodine vapor-baths should be taken occasionally.

Change of climate, light diet, and pure air important curatives.

C R O U P .

(Tracheitis.)

Observations.—Croup usually occurs during the second and third years of childhood. Nearly one-half of the children attacked, die.

Symptoms.—In the incipient stage those of a cold—slight fever, cough, hoarseness, drowsiness, suffusion of the eyes, and running at the nose. In

from twelve to twenty-four hours a wheezing or crowing sound is observable when the little sufferer draws in his breath. This wheezing inspiration and feverishness distinguish Croup from every other malady.

As the disease advances, the fever increases; the breathing becomes more hurried and obstructed; the peculiar brassy, crowing sound on inspiring grows painfully loud; the cough is more frequent; the pulse is very irregular; there is great thirst; the child is irritable and restless, while the features are expressive of alarm and distress. All the symptoms are augmented toward night, with remissions toward morning.

When the complaint is about to end fatally, the stupor becomes extreme; the breath is gasping, and can only be drawn in at long intervals; the skin turns cold, and the invalid dies from suffocation or coma.

Treatment. -The usual treatment employed in Croup is most futile, since we find, that, however early or perseveringly applied, the complaint usually hastens toward a fatal termination.

Among the remedies relied upon by the Old School system of medication, are mercury, tartar-emetic, ipecac, opium, blood-letting, and tracheotomy.

By the chemical treatment, Croup is treated with unfailing success. In no disease can relief be more prompt and satisfactory. In fact, by the timely use of the remedies and treatment here recommended, recovery may be assured in every case.

On the appearance of the first symptoms, a car

HYDRATED OXYMEL OF PHOSPHORUS AND FUSEL OIL should be used persistently. If vomiting is induced, all the better.

The atomized **CHEMICAL SOLUTION** will immediately remove the false membrane, or prevent it from forming.

Lance the gums freely.

Let the little sufferer be held so as to breathe in the steam produced by pouring boiling water upon unslacked lime.

A snuff-plaster, laid upon the chest, and around the throat, is important.

This plaster or poultice is made by spreading a mixture of Scotch snuff and flour, about an equal quantity of each, well moistened with water or milk, upon a piece of muslin or linen. If the patient be far advanced with the disease, it is well to allow the snuff composition to touch the bare skin; but if the attack be slight, a cloth can be interposed between the plaster and the flesh.

Cloths saturated with turpentine and wrapped around the throat, are decidedly useful.

Croton-oil rubbed over the chest is recommended in some cases.

The hot-air or vapor bath exercises a controlling influence over the attack.

Very little food must be given during the paroxysm.

But of milk and lime-water, carbonic-acid water, cold tea, or soda-water, let the little patient have all he, or she, can drink.

The diet should consist entirely of fluids, as beef-tea, soups, and gruel.

Fever of the body may be relieved by tepid sponging.

Bleeding, blistering, tracheotomy, tartar-emetic, calomel, acids, etc., most deleterious.

Diphtheria, Putrid Sore Throat, or Quinsy, affects both children and adults. Symptoms and treatment similar to Croup.

COUGHS.

Coughing may depend upon a variety of causes. Thus it is—

Dry and hollow, when Nervous.

Dry and tight, in early Bronchitis.

Soft, deep, and loose, in advanced Bronchitis.

Hacking, in incipient Consumption.

Deep and distressing, in confirmed Consumption.

Short and sharp, in Pneumonia.

Barking and hoarse, in early Croup.

Whistling, in advanced Croup.

Paroxysmal, in Whooping-Cough.

Expectoration is—

Mucous, in Catarrh and Bronchitis.

Purulent, in advanced Bronchitis.

Rusty, in the early stages of Pneumonia.

Bloody, in incipient Consumption.

Heavy and muco purulent, in advanced Consumption.

Putrid, in degeneration of the lungs.

Treatment.—The HYDRATED OXYMEL OF PHOSPHORUS AND FUSEL OIL will always give great and permanent relief in every form of Cough.

SUMBUL in the Spasmodic Cough of Asthma will prove specific.

Croton-oil, rubbed over the chest, exercises a remarkable control over every form of Cough.

The diet should consist of ordinary food; but abstinence from fluids is enjoined.

Should other complications exist, as *Nervousness*, *Fever*, *Diarrhœa*, or *Constipation*, *Dyspepsia*, or *Indigestion*, the appropriate remedies will be indicated.

CONSTIPATION OF THE BOWELS.

(Costiveness.)

Observations.—Constipation means a sluggish condition of the bowels, by which a tendency to serious disease is induced.

It is caused by neglecting to go to the water-closet at the call of nature; want of exercise; dyspepsia; sea-sickness; over-eating; and binding medicines.

As a rule, most people have one or two evacuations daily; but there are some who only go to stool every second or third day; and there have been cases in which the bowels have been known to move only once a week.

Symptoms.—Functions of the stomach, liver, and pancreas imperfectly performed. Feeling of mental and bodily depression. Sallow and pasty complexion. Nausea. Tenesmus. Headache. Offensive perspiration. Dry skin. Highly-colored urine. Piles. Scanty movements of the bowels—the feces hard, impacted, and discharged in lumps.

Treatment.—The treatment of Costiveness involves medicine and management. The *Compound May-Apple Pills* act mildly and efficaciously in removing intestinal obstructions, and restoring a healthful condition.

The *Alkaline Resolvent*, if taken before breakfast, acts like a charm in regulating the tone of the digestive functions.

The diet should consist principally of stewed prunes, bran bread, corn bread, rice pudding, boiled rice, corn starch, mush-and-milk, grapes, peaches, strawberries, baked apples, stewed and roasted oysters, mutton, veal, apple-sauce, ripe oranges for breakfast, figs boiled in milk, gruel, fish, jellies, soups, beef-tea, dry toast, soft-boiled eggs, lettuce, honey, black-tea, and tomatoes.

Nothing equals the tomato, either raw or stewed, for Costiveness.

Pies, cakes, buckwheat cakes, tough meat, ale, liquors, cheese, lobsters, clams, mussels, salt meat, cucumbers, nuts, pickles, sausages, and hard-boiled eggs to be carefully shunned.

An attempt should be made to evacuate the bowels at a regular hour daily.

Straining, however, is disadvantageous, as it tends to engender Piles.

Injectons of warm soap-suds just before going to stool most useful.

A Mattison or Goodyear patent syringe should be in every family. (Price \$3.)

A little ball of soap placed in the rectum will generally act.

Beware of pills containing senna, aloes, podophyllum, elaterium, colocynth, etc.

Saratoga mineral waters are recommended.

DIARRHŒA.

Observations.—Though more a symptom than a disease, excessive discharges from the bowels often require express medical treatment.

It should be remembered that the bowels should not be checked, if the passages do not exceed two or three times a day, unless they produce exhaustion.

Symptoms.—Purging. Nausea. Flatulence and griping pains. Stools consist of mucus, or pale, yeast-like matter, or serum. In some cases the discharges are almost entirely composed of bile.

Chronic Diarrhœa is a most obstinate and unyielding disease to cure.

Treatment.—In all forms of Diarrhœa the LIQUIDAMBAR is absolutely specific.

The food should embrace boiled rice, wheat

bread, cabbage, potatoes, tomatoes, farina, beef, mutton, and white fish.

Daily injections of cool water are very beneficial.

Acids, pastry, soups, and fluids should be avoided.

Change of climate is one of our most important auxiliaries.

CHOLERA.

Observations.—Epidemic, or Asiatic Cholera is the most fatal disease that ever ravaged the earth. *Fifty per cent.* of those attacked—in spite of medical treatment—die.

In some parts of the world, as the Delta of the Ganges, in India, Cholera prevails constantly.

It is invariably engendered by the crowds of filthy, poverty-stricken pilgrims who at certain periods flock from all parts of the Mohammedan countries to visit the shrine at Mecca.

It delights in the abodes of dirt and squalor. The crowded, uncleanly tenement-house yields the zymotic holocaust.

The vagaries, or idiosyncrasies of Cholera have long puzzled the profession. Why it should visit some places, and pass others, has often seemed incomprehensible; why attack some persons and spare others.

But, with intellectual progression, the mystery

fades away. The new theory illuminates the entire subject, and explains every peculiarity.

Cholera is caused by an infinitesimal *entozoon* or *animalcule* (generated from decomposing animal matter) entering the circulation and causing disintegration of the components of the blood. The blood being nearly all water—784 parts water in every 1000 parts of blood—the *rice-water* discharge is simply the fluid portion of the blood running off—resulting in collapse.

Symptoms.—Premonitory diarrhœa, painless and watery, occurs. It is so mild that it is scarcely ever observed. This *painless* diarrhœa distinguishes Cholera from all other affections.

In a few hours vomiting commences, the discharges from the bowels increase in frequency and copiousness, and assume the peculiar “rice-water” appearance. The skin grows cold by degrees, and great debility comes on, with cramps in the stomach and limbs. Feeble pulse. Oppression.

If not checked, the stage of *collapse* arrives, in which there is disappearance of the pulse, urgent thirst, severe cramps, and suppression of the urine. The skin, blue, shrunken and icy cold. Pinched features. Sinking of the eye. Cold perspiration. Complete arrest of the circulation. Cold breath; ending in death. Death takes place, on an average, in about eighteen hours. The mind remains tranquil, the intellect clear, and the patient seems indifferent to his fate to the last.

Favorable cases entirely recover from the effects of the malady in a few days.

Treatment.—The LIQUIDAMBAR, if used at the commencement of an attack, will soon obviate it entirely.

Recollect that, during the prevalence of Cholera, all watery discharges of the bowels should be checked as soon as possible.

If the disease has reached the second stage, most vigorous efforts will be required to save the patient.

Inject into the bowels the following mixture:—

Tinc. Opii.....	30 drops.
do. Matico	1 f. drachm.
Starch-Water	4 f. oz

Take at frequent intervals:—

Best Brandy.....	$\frac{1}{2}$ ounce.
Chloroform.....	30 drops.
Cayenne Pepper (ground)..	$\frac{1}{8}$ of a tea-spoonful.

To relieve vomiting, a large mustard poultice to be laid over the breast and abdomen.

By this method of treatment immediate improvement takes place.

We will guarantee that it will cure *ten* cases to *every one* cured by all the Old Schools of Medicine combined.

When Epidemic Cholera is present, there are certain conditions which render individuals liable to the disease.

These predisposing causes, are, undoubtedly, the use of bad, unwholesome food—such as stale meat or fish, shell-fish, high game, bad vegetables, unripe fruit, impure water, etc.

The effect of exhalations from badly constructed sewers, or from washing the sidewalks early summer mornings, is highly injurious. The deleterious influence of noxious, or fatiguing trades, and nuisances, is very great; while intemperance, uncleanness, vitiated, damp air, are all prolific predisposing causes.

As we have stated before, anything which lowers the vital powers will predispose—as fatigue, abstinence from food, etc.

Hence, in Cholera times, it is important to reside in a well-ventilated house, in an elevated, airy, dry locality—to strictly avoid the use of purgatives and nostrums—to have plenty of fresh air—to drink water which is uncontaminated, or from a well near a sewer. Moreover, the excreta of a person attacked should be received into a vessel containing chloride of lime, and immediately thrown away.

The greatest caution will be required for many days, after an attack, in regard to diet—many deaths having occurred from the too early use of animal food.

As a rule, broths and farinaceous substances only should be allowed, without any solids whatever.



DYSENTERY.

Observations.—Inflammation of the Bowels is frequent in the months of August and September. It is usually caused by indigestible food, as unripe fruit, bad drinking-water, ice-water, and exposure to cold, especially in the vicinity of marshes.

Symptoms.—Pain in the abdomen. Frequent disposition to go to the water-closet, with griping, and bloody or mucous stools. Coldness of the extremities and great prostration follow. It is a very fatal malady.

Treatment.—The LIQUIDAMBAR should be used early and frequently.

The following mixture should be employed at the same time :

R̄	Aqua Camphoræ,	℥ ij.
	Tinct. Opii Camph.,	℥ j.
	Chloroform,	℥ ss.

Misce. Shake thoroughly, and take a tea-spoonful four times a day.

Perfect rest is indispensable.

The diet must be mild—as rice-water, arrowroot, cassava, manioc, tapioca, sago, farina, corn-starch, wheaten-grits, jellies, chicken-soup, beef-tea, etc. Drinks: cold black-tea, slippery-elm tea, ice-water, pennyroyal tea.

Injections of flaxseed-water and matico, or of linseed-oil, are most valuable.

CHOLERA INFANTUM.

Observations.—Cholera Infantum, or “Summer Complaint,” is very destructive to infants teething in hot weather. The deaths in one week in July, 1866, in New York city, were over 1,200.

Symptoms.—There are diarrhœa, vomiting, rejection of food, debility, and sometimes stupor. Fever at first, gives way to coldness. Diarrhœa and vomiting increase in frequency—often terminating fatally.

Treatment.—The LIQUIDAMBAR is here most applicable.

A mustard poultice to be laid upon the stomach—care being taken to remove it when it becomes painful, as blistering should be most carefully avoided.

The diet to consist of lime-water and milk, arrow-root, chicken-broth, and beef-tea. *Raw beef*, rasped very fine, is excellent.

The head, if hot, should be kept cool with a wet cloth, laid over the forehead and scalp.

If the child be feeble, a little cold black-tea, containing a few drops of Jamaica rum, may be used.

Castor-oil often proves an important aid.

But of all remedies, nothing can equal change of air. A child under five years of age should never be allowed to remain in the city through June, July, and August. Residence in the open country, especially on the sea-shore, will not only

obviate all danger of an attack of Cholera Infantum, but be a most important curative agency if the complaint has commenced.

DYSPEPSIA.

Observations.—Dyspepsid, or *poor digestion*, prevails among all classes of society.

It is caused by over-eating, eating indigestible food, want of exercise, and the use of opium, tobacco, or coffee.

A person affected with it *feels* his stomach all the time.

Symptoms.—There is a sour, bitter taste in the mouth. The bowels are constipated. There are headache, heart-burn (water-brash), and confusion of the senses. Sometimes the eyes blur. The liver and kidneys sympathetically deranged. There is always an uneasy feeling in the region of the bowels and liver. Frequently Dyspepsia is combined with nervousness, and we have *Nervous Dyspepsia*.

Treatment.—The ALKALINE RESOLVENT exercises a powerful influence over the myriad symptoms of Dyspepsia.

The bowels should be regulated with the *Compound May-Apple Pills*.

A good plan is to rise at six or seven o'clock in the morning, and take breakfast at eight or nine o'clock, and dinner about three or four P. M.—eating nothing more until the following morning.

A sensible person will soon ascertain what article of diet best agrees, and what disagrees, with the stomach.

These articles agree with almost everybody, namely: Beef, mutton, chicken, turkey, venison, roasted oysters, soft-boiled eggs, boiled milk, fresh fish, stale bread, graham bread, dry toast, rice, sago, baked apples, stewed or raw tomatoes, mashed potatoes, boiled onions, soups, beets, strawberries, figs, peaches, grapes, stewed prunes, oranges, raspberries, jellies, porter, sherry, and black-tea.

Coffee, vinegar, cider, cocoa, raw milk, preserves, cakes, pies, cheese, and ale are injurious.

Nothing equals stewed tomatoes, boiled onions, roasted oysters, stewed prunes, cherries, and peaches, grapes, roast mutton, and chicken-soup, in Dyspepsia.

Masticate food thoroughly. Do not drink during meals.

Sea-air, mineral waters, and gymnastic exercises are invaluable.

If there is acidity of the stomach, a pinch of carbonate of magnesia will correct it.

The *Strengthening Tonic of Peru* will be found a most valuable carminative.

DEAFNESS.

Observations.—Deafness is a great calamity. A person hard of hearing presents a dull, morose appearance. In the hours of business or pleasure the deaf dwell in unbroken solitude. They are suspicious, unsocial, and irritable, constantly imagining themselves the subject of remark and ridicule.

The treatment of Deafness is entirely empirical. Many educated physicians frankly confess their inability to fathom its cause and pathology; consequently its victims, in despair, fall into the hands of a set of vampires, who extort fabulous amounts. One of these charlatans, whose name had become a stench in the nostrils and a by-word of infamy in the City of New York, until forced to leave for want of patronage, is now travelling throughout the country.

The ear is a most delicate and complicated organ, and only those possessed of an intimate knowledge of its anatomy, and the pathology of Deafness, are capable of treating the deaf.

The chief producing causes of Deafness are, cold, draughts of air, bathing, violence to the ears, sudden shocks, blows upon the head, fevers, scrofula or syphilis, and the use of various medicines.

Deafness may also arise from accumulation of wax in the ear, thickening of the membrana tympani—obstruction of the Eustachian tube—destruction of the bones of the ear—perforation of the drum membrane—paralysis of the auditory nerve.



The Human Ear.

1. Anti-helix.
2. Concha.
3. Anti-tragus.
4. Meatus auditorius (passage).
5. Membrana tympani.
6. Semi-circular canals.
7. Vestibule.
8. Cochlea.
9. Auditory nerve.
10. Eustachian tube.
- A. Head of *malleus*, or hammer-bone.
- B. *Incus*, or anvil-bone.
- C. Fenestra ovalis.
- D. Fenestra rotunda.

The Treatment of Deafness.—In every form of Deafness, except perforation or destruction of the drum-covering (*membrana tympani*), the OXYD-PHENYL will be found a most sovereign remedial.

The ear should be syringed gently every day or two with the following mixture:

Pure glycerine..... half an ounce.
Flaxseed water (warm).....one ounce.

After syringing thoroughly, the head should be reclined sideways, so as to allow the fluid to run out.

The best syringe for use is our India-rubber ear and nasal syringe. (Price \$2.)

Care should be taken to avoid force in syringing.

If the blood is impure, great and immediate benefit will be derived from the *Compound Fluid Extract of Cancer-Plant*.

A small fly blister behind the affected ear is valuable in most cases.

If there is much noise in the ears, it may be relieved by syringing with the following:

Carbonate of potash..... grs. x.
Warm water..... f ʒj.

Hold the ear over the steam arising from boiling stimulating herbs, as garlic, lobelia, cotyledon umbilicus, symplocarpus fetidus, etc.

The bowels should be regulated with the *Compound May-Apple Pills*.

The diet to consist of the usual articles—avoiding acids, grease, malt and spirituous liquors.

Sweet-oil, so commonly put into the ear in Deafness, is often deleterious.

Salphur, iodine, or mercurial vapor-baths are highly efficacious.

Sea voyages, salt-water bathing, and change of climate, will be found very beneficial.

Inflammation of the Meatus Auditorium.

Observations.—The meatus, or passage of the ear, may become inflamed from the introduction of irritating substances, hardened wax, blows on the side of the head, etc.

Symptoms.—Dull ache, increased on moving the jaw. The canal may become tumefied and almost closed. In a day or two, there is a profuse secretion of mucus. This may cease, and dry, epithelial scales be thrown off. There is considerable itching. The scales sometimes fill the passage, and diminish the hearing.

A small sore is occasionally found within the meatus, which causes much pain, and dulness of hearing.

Treatment.—Syringe the ear with the following mixture:

Chlorate of potash	One drachm.
Warm wheat-bran water (strained) . . .	Two ounces.

After syringing, place a small wad of cotton, dipped in the OXYD PHENYL, within the ear.

The bowels should be kept regular, for which purpose use the *Compound May-Apple Pills*.

Vapor-baths, sea-bathing, and change of climate beneficial.

Inflammation of the Membrana Tympani.

Observations.—Inflammation of the drum-covering is caused by cold, the presence of foreign

substances, inflammation of the external passage, syphilis, impoverished blood, etc.

Symptoms.—Feeling of discomfort in the affected side. Itching. Deafness. In severe cases the membrane may become perforated, in which event, the hearing is destroyed beyond the possibility of return. Another result is relaxation of the membrane, which loses its natural resiliency, becomes flaccid, and falls inward, also resulting in loss of hearing. A third consequence is thickening of the membrana tympani.

All of these are curable, except perforation, or destruction of the drum-membrane.

Treatment.—Syringe the ear carefully with the chlorate of potash and warm water, and use OXYD-PHENYL, as directed in Inflammation of the Meatus Auditorium.

Inflammation of the Tympanic Cavity.

Observations.—Inflammation of the tympanum or drum of the ear is a severe complaint. It may arise from cold, rheumatism, syphilis, or fever.

Symptoms.—At first, there is a sensation of uneasiness in the ear, on blowing the nose or swallowing. Presently the discomfort becomes incessant and intense. Feeling of distension in the head. More or less Deafness. Noises in the ear. Headache and delirium. Relief is obtained when suppuration ensues.

Treatment.—The bowels should be kept free, and perfect rest enjoined.

A hot flaxseed poultice, placed over the ears, and occasionally renewed, will prove very useful.

The vapor of boiling water containing a little opium or chloroform affords most grateful relief.

Vapor-baths afford relief.

Ear-ache, (*Otalgia.*)

Observations.—Ear-ache may arise from the presence of irritating substances placed in the ears, carious teeth, rheumatism, neuralgia, or derangement of the stomach, etc.

Symptoms.—Often the affection is true neuralgia, or tic-doloreux. Fever and inflammation are absent. An infant may suffer without being able to designate the seat of its distress. It cries or screams at intervals, burying its head in the pillow, or pressing against the mother's breast or arm.

Treatment.—Mild purgatives, as extract of butter-nut, phosphate of soda, and rhubarb and magnesia.

Decayed teeth to be extracted.

Holding the ear over the vapor of boiling water containing herbs, as hops, catnip, onion tops, etc.

Three or four drops of almond oil, with *one drop* of laudanum, should be dropped into the affected ear.

Otorrhœa, (Discharge from the Ear.)

Observations. A discharge from the ear may be thick or thin, or muco-purulent. It is a symptom of certain diseases of the ear, as polypus, scrofula, ulceration of the membrana tympani, etc. It frequently occurs in young children at the period of dentition.

Symptoms. - The discharge is liable to become chronic in course of time destroying the membrana tympani, the ossicula auditus, and causing caries of the bony walls of the meatus and tympanum. The destructive process may extend along the temporal bone, until the brain and its membranes become involved, and death ensues therefrom.

Treatment. Syringe the ear with warm water, containing glycerine, or wheat-bran (strained).

The OXYD PERNYI is excellent, if applied in minute quantities by syringing, or on a small wad of cotton.

Animal food should be avoided as much as possible. †

Acids, stimulants, and grease contra-indicated.

To improve the general health, the STRENGTHENING TONIC OF PERU, phosphate of iron, *Alkaline Resolvent*, quassia, nux vomica, musk, etc.

Residence by the sea-side, sea voyages, and change of climate often prove advantageous.

Counter-irritation with tartar-emetic ointment, or croton-oil, behind the ears, is valuable in every form of ear disease.

A seton, properly placed in the region of the cervical vertebra, is frequently found beneficial.

KIDNEY DISEASES.



THE KIDNEYS.

1. 1.—*The Kidneys.*
2. 2.—*The Renal Capsules.*
3. 3.—*The Ureters (leading to the Bladder).*
- 4.—*The Bladder.*
- 5.—*The Aorta (at its Iliac division).*
6. 6.—*The Emulgent Arteries.*

Bright's Disease of the Kidneys. (Albuminuria).

Observations.—Bright's Disease of the Kidneys is becoming a prevalent disease. The kidneys are delicate glands, easily deranged by improper food, exposure to cold and wet, violent exercise, injuries, impure blood, various excesses, exhausting diseases, and over-doses of turpentine, cantharides, acids, etc.

The presence of *albumen* in the urine is the chief distinguishing characteristic of this disease. The tests for albumen, by nitric acid and heat, are easily applied. The microscope will also show free renal epithelium, and small tubes in the urine.

Symptoms.—Bright's Disease approaches so slowly as scarcely to be noticed. At first, gradual loss of flesh and strength, shortness of breath, paleness and puffiness of the face, and frequent desire to urinate. Presently the urine becomes albuminous, and filled with disintegrated epithelial cells. Local or general dropsy. Derangement of the functions of the heart and nervous centres. The kidneys become granular and contracted. We have indigestion, dizziness, convulsions, vomiting, etc.

The general tendency is toward a fatal result. Death may arise from *uræmia* (the blood becoming poisoned from the urine entering the circulation), or from dropsy, consumption, ulceration, or exhaustion.

Treatment.—LITHIA is the finest remedy in Bright's Disease of the Kidneys, dropsy, suppression of urine, nephritis, and pain in the back, that we have ever beheld.

In Bright's Disease regimen and hygiene are of the utmost importance.

Avoid exposure to cold, damp, and fatigue. The habit of drinking stimulants must be abandoned.

The clothing should be warm, with soft flannel next to the skin.

The bowels should be kept free. The *Compound May-Apple Pills* are indicated.

Salt-water bathing, vapor baths, and friction of the skin with a flesh-brush, will be found advantageous.

Iron, elaterium, and juniper berries in Holland gin, are valuable auxiliaries.

Various mineral waters, as Vichy, Empire, and those containing sulphur and iodine, will prove highly beneficial. The *Alkaline Resolvent* is reliable.

A warming plaster, to be placed on the back over the kidneys.

Diet: beef, mutton, boiled milk, black tea, raw eggs, soups, white fish, boiled rice, linseed bread, tomatoes, onions, beans, peas, stewed prunes, fruits, etc.

To be avoided: spirits, beer, coffee, acids, pastry, cheese, pork, etc.

Sea air, moderate exercise, and change of climate, will accomplish much for invalids.

Nephritis,

(Inflammation of the Kidneys.)

Observations.--Nephritis signifies an acute or chronic inflammation of the substance of the Kidneys. It may be caused by cold, intemperance, mechanical injuries, powerful diuretics, as anature cantharides, oil of turpentine, acids, gravel, improper food, and various excesses.

The morbid action either ceases, or goes on to suppuration. In some cases abscesses form and

destroy the entire gland. Inflammation of the Kidneys is a very serious disease, and requires most careful management. We are familiar with a case in which a person, laboring under this affection, took a dose of spirits of turpentine with fatal effect.

Symptoms.—Pain and aching in the back—the pain often extending along the ureters to the bladder. Fever and full pulse. Urine high-colored, and containing a reddish sediment which tenaciously coats the surface of a vessel. Frequent desire to urinate. Urine frequently contains blood, pus, and renal casts.

Although a patient may recover from an attack, the foundation for grave Kidney disease is laid.

Treatment.—Hot hip baths. LITHIA. Vapor, hot-air, Russian, or Turkish baths will be found most useful.

The bowels should be kept in free condition. The *Compound May-Apple Pills* are here indicated.

Warm flaxseed-meal poultices placed over the Kidneys afford great relief.

Flannels lightly wrung out in hot soap-suds and wound around the waist, are also very efficient. They should be renewed as often as they grow cold.

The blood should be reduced to its normal condition with our *Compound Fluid Extract of Cancer-Plant*.

The diet to consist principally of boiled milk, soft-boiled eggs, barley water, mutton, fish, boiled

onions, stewed prunes, raw oysters, black tea, and farinaceous articles.

The linseed-meal bread will prove a valuable addition.

Acids, sausages, coffee, cheese, shell-fish, pork, grease, pickles, pies, cakes, and confectionery, and all kinds of liquors, are to be avoided.

The *Strengthening Tonic of Peru* will be required in some cases to support the system.

Sea-air, sea-voyages, and change of climate recommended.

Filtered rain-water should be the only water used for drinking.

Remedies possessing undoubted therapeutic powers in Nephritis: Vichy, Kissingen, Empire, and all sulphureous mineral waters. *Alkaline Resolvent*. Phosphate of soda. Carbonate of magnesia. Ammonio-citrate of iron. Lactate of iron. Phosphate of iron. Carbonate of ammonia. Manganese. Cream of tartar. Nitre and digitalis.

Renal Calculi (Gravel—Stone).

Observations.—Many people are affected with Gravel or Stone. Males are more frequently affected than females. The concretions may be found in the kidneys, bladder and prostate gland. They vary much in size. In some cases they resemble grains of sand—passing with the urine, while in other instances they may be as large as an egg.

Great suffering is caused by the passage of gravel

or stone from the kidneys, down the ureters, into the bladder.

Lime, in some form, usually enters into the composition of renal calculi, and it is generally believed that drinking hard water is the principal cause of this complaint. The State of Kentucky being almost entirely of limestone formation, cases of stone are more numerous there than in all the other States combined.

Symptoms of Stone in the Kidney.

—Incessant back-ache. Bloody and high-colored urine. Nervousness. Impaired health. Loss of flesh and strength. The organ may become a large cyst. Suppuration, and uræmic poisoning. Tendency fatal.

Symptoms of Stone in the Bladder.

—Severe paroxysms of pain in the bladder, aggravated by exercise. Frequent micturition, with small quantity at a time. There is a feeling as if the bladder were not emptied by the act of urinating. Urine thick, and at times containing mucus, blood, or pus. Tenesmus.

Treatment.—LITHIA acts like a charm in every variety of Kidney disease, and, in conjunction with the ALKALINE RESOLVENT, the majority of renal formations may be dissolved and removed.

It is important to regulate the bowels.

The diet should be very plain: cream, raw or soft-boiled eggs, roasted oysters, mutton, beef, soups, fish, chocolate, and vegetables, especially cabbage, asparagus, celery, water-cresses and fruits.

Abstinence from ale, acids, sugar, rhubarb and liquors enjoined.

Pennyroyal, or catnip tea (warm) should be drank freely. The clothing to be warm. A belladonna, digitalis, or warming plaster over the Kidneys will be found of great efficacy.

Mineral waters are useful adjuncts. Among the best may be mentioned: Seltzer, Vichy, Kissengen, Empire, sulphur, iodine, and chalybeate.

Russian, or sulphur vapor baths afford much relief.

Residence by the sea-side, quietude, and temperance cannot be too highly recommended.

Among the various surgical operations for Stone in the Bladder, are Lithotomy, *cutting out the stone*, and Lithotrity, *crushing the stone* in the bladder.

The danger from operating increases with age.

Diabetes.

Observations.—There are two forms of Diabetes, namely: *Diabetes Insipidus* and *Diabetes Mellitus*. The characteristic of this disease is the passing of immense quantities of limpid urine containing more or less sugar. It prevails among all classes, and is an obstinate and dangerous malady.

The *exciting* causes appear to be exposure to wet, drinking ice-water when heated, intemperance, and excessive use of sugar and confectionery.

Symptoms.—Usually the symptoms come on gradually. Excretion of large amounts of urine,

having a faint, apple-like odor and high specific gravity, 1035 to 1050. Dryness of the skin. Intense thirst. Loss of flesh. Mental depression. Exhaustion. Finally, in many cases, Consumption of the Lungs or Kidneys sets in and the case terminates fatally.

Treatment. — The *cause* of Diabetes is unknown. No specific control over the sugar-forming process has yet been discovered.

The reasonable treatment would seem to be: total abstinence from *sugar*, starch, wheat bread, potatoes, milk, chocolate, pork, sausages, cheese, liver, bacon, and most fruits and vegetables. The following articles should also be carefully avoided: pastry, confectionery, carrots, beets, turnips, macaroni, radishes, rice, sago, arrow-root, oysters, lobsters, beer, spirits, acids—coffee, and wines.

The diet to include beef, mutton, poultry, game, eggs, cream, lettuce, water-cresses, bran bread, gluten bread, dry toast, Vichy water, soups, black tea, and soft water.

General remedies: warm clothing, LITHIA, vapor baths, carbonate of soda, ALKALINE RESOLVENT, linseed oil, nitrous ether, *Compound Fluid Extract of Cancer-Plant*, glycerine, and phosphorus.

Chyluria.

Observations. — Chyluria signifies the passing of urine of a milky appearance. In some instances the urine, after standing a short time, co-

agulates in a tremulous mass, resembling jelly. It is an intractable disease.

Symptoms.—Back-ache, debility, mental depression.

Treatment.—LITHIA, *Alkaline Resolvent*, and *Strengthening Tonic of Peru*, ammonio-citrate of iron, sweet spirits of nitre, smart-weed, cream of tartar, digitalis, turpentine.

Russian baths, abstemious diet, change of climate, sea voyage.

Dropsy.

Observations.—The various kinds of Dropsy are *Edema*, or local Dropsy; *Anasarca*, or general Dropsy; *Hydrocephalus*, or Dropsy of the Head; *Hydrothorax*, or Dropsy of the Chest; *Ascites*, or Dropsy of the Stomach. *Ovarian Dropsy* and *Hydrocele* are sub-forms of *Edema*.

Dropsy is obstructed circulation. There is an excess of water in the blood. The functions of the Kidneys are impaired. The excretions from the skin are suppressed.

Symptoms.—Debility. Anaemia. Numbness. Scanty urine. Exhaustion. Generally death.

Treatment.—LITHIA. Vapor baths. Elaterium. Jalap and cream of tartar. Juniper berries, in Holland gin. Warm flaxseed or pennyroyal tea should be drunk freely. Horse-radish in cider is often useful.

NOTES

Liquid Medication.

WE believe in *liquid* medicines. *Liquids* are perfectly absorbed; they quickly enter the circulation, and produce their physiological effects in a more satisfactory manner than *solids*, which often remain undigested in the stomach, and aggregate, thus causing alarming symptoms; or pass through the bowels undissolved, producing no result.

The Manipulating Cure.

The process of manipulating portions of the body with the fingers is highly remedial. In case of headache, let an assistant draw the thumbs tightly across the temples, and compress the head forcibly between the palms of the hands. Vigorous pressure and indentation with the knuckles on both sides of the spine will be found of much benefit in spinal disease. Kneading the bowels, liver, and kidneys, has a tendency to promote healthful action. The manipulations should be varied, and continued for some length of time.

Acids.

Excessive, or long-continued use of strong acids, as vinegar, lemonade, etc., will induce derangement of the kidneys and stomach. Grapes, sweet oranges, raspberries, peaches, pears, and sweet apples, however, may be used with benefit by most people.

Digestible Dietetic Articles.

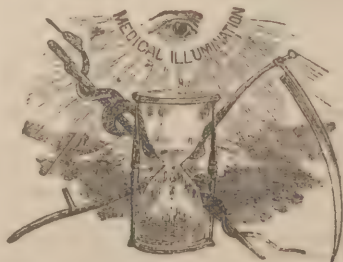
Tomatoes — stewed or raw — boiled onions, raw or soft-boiled eggs, stewed prunes, baked apples, cream, rice pudding, corn starch, beef, mutton, and poultry, are digestible, and usually agree with the most delicate stomachs.

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